

YOUR NEXT 12-WEEK MENU IS NOW AVAILABLE FROM MOBILE MEALS

Client's Full Name: _____
Without this information we can not honor your choices.

This 12-week menu offers a **ONE FEATURED MEAL** and **ONE ALTERNATIVE MEAL** choice each day. **CHECK ☐ A** to choose the **FEATURED MEAL**. **CHECK ☐ B** to indicate the **ALTERNATE MEAL**. If you do not make a choice, you will automatically receive the **FEATURED MEAL** for that day. **Go online to make your meal choices OR fill this form and give it to your driver or volunteer as soon as possible.**

PLEASE NOTE: Menus are adjusted to accommodate special diets. Meals are subject to change due to availability, supply chain issues, and other circumstances beyond our control.

Questions? Need Ingredient Information? Visit mobilemeals.org or call 419.255.7806.

Visit **mobilemeals.org/order** to fill out these menu choices online.



mobilemeals

Monday, September 7, 2026 – Friday, September 11, 2026

Monday	☐ A	Labor Day: Hot Dog with Sauce, Mini Hot Dog Bun, Baked Beans, California Veggie Blend
	☐ B	Chicken with Gravy, Tricolored Potatoes, California Veggie Blend
Tuesday	☐ A	Swedish Beef Meatballs, Noodles, Carrots, Yellow Wax Beans
	☐ B	Egg Bacon Cheese Scramble, Apples, Sweet Potatoes
Wednesday	☐ A	Chicken Cordon Bleu, Roasted Butternut Squash, Homestyle Green Beans
	☐ B	Cold Dinner Option: Bologna, Cheese, Lettuce, Tomatoes, Variety Cold Salad
Thursday	☐ A	Turkey and Pork Sausage Goulash, Spinach, Winter Veggie Blend
	☐ B	Meatloaf, Capri Veggie Blend, Mashed Potatoes
Friday	☐ A	Beef Pepper Patty with Gravy, Au Gratin Potatoes, Stewed Tomatoes
	☐ B	Traditions Breaded Fish/Breaded Pollock, Veggie Blend, Peas

Monday, September 14, 2026 – Friday, September 18, 2026

Monday	☐ A	Eggplant Parmesan, Noodles, Spinach, Normandy Veggie Blend
	☐ B	Egg Bacon Cheese Scramble, Apples, Sweet Potatoes
Tuesday	☐ A	Cesear Chicken, Tricolored Potatoes, Green Beans
	☐ B	Meatloaf, Capri Veggie Blend, Mashed Potatoes
Wednesday	☐ A	Carne Asada Pork Roast, Corn Black Bean Veggie Blend, California Veggie Blend
	☐ B	Cold Dinner Option: Tossed Lettuce Salad, Chicken Strips, Cheese, Egg Half, Tomatoes, Dressing
Thursday	☐ A	Pizza Burger, Potatoes with Peppers, Roasted Brussel Sprouts
	☐ B	Traditions Breaded Fish/Breaded Pollock, Vegetable Blend, Peas
Friday	☐ A	Beef Lo Mein, Noodles, Oriental Veggie Blend, Corn
	☐ B	Chicken with Gravy, Tricolored Potatoes, California Veggie Blend

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Monday, September 21, 2026 – Friday, September 25, 2026

Monday	A	Pancake Wrapped Chicken Sausage, Syrup, Egg Patty with Cheese, Baked Apples, Capri Veggie Blend
	B	Traditions Breaded Fish/Breaded Pollock, Vegetable Blend, Peas
Tuesday	A	Greek Chicken, Wild Rice, Roasted Root Vegetable, Yellow Wax Beans
	B	Meatloaf, Capri Veggie Blend, Mashed Potatoes
Wednesday	A	Apple Cinnamon Pork, Hubbard Squash, Winter Veggie Blend
	B	Cold Dinner Option: Turkey, Cheese, Lettuce, Tomato, Variety Cold Salad
Thursday	A	Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans
	B	Chicken with Gravy, Tricolored Potatoes, California Veggie Blend
Friday	A	Roasted Chicken Legs, Roasted Potatoes, Prince Charles Veggie Blend
	B	Egg Bacon Cheese Scramble, Apples, Sweet Potatoes

Monday, September 28, 2026 – Friday, October 2, 2026

Monday	A	Sloppy Joe, Macaroni & Cheese, Turnip Greens, California Veggie Blend
	B	Chicken with Gravy, Tricolored Potatoes, California Veggie Blend
Tuesday	A	Turkey Burger Supreme, Sweet Potatoes, Zucchini
	B	Meatloaf, Capri Veggie Blend, Mashed Potatoes
Wednesday	A	Korean BBQ Pulled Pork, Ranch Mashed Potatoes, Green Beans
	B	Cold Dinner Option: Egg Salad, Lettuce, Tomatoes, Variety Cold Salad
Thursday	A	Chicken Broccoli Rice Casserole, Carrots, Stewed Tomatoes
	B	Egg Bacon Cheese Scramble, Apples, Sweet Potatoes
Friday	A	Beef Taco Bake, Corn, Winter Veggie Blend
	B	Traditions Breaded Fish/Breaded Pollock, Vegetable Blend, Peas

Monday, October 5, 2026 – Friday, October 9, 2026

Monday	A	Spinach Feta Rice Bake, Brussel Sprouts, Carrots
	B	Turkey with Gravy, Stuffing, Capri Veggie Blend, California Veggie Blend
Tuesday	A	Salisbury Steak with Gravy, Yukon Gold Potatoes, Cheesy Broccoli
	B	Macaroni & Cheese, California Veggie Blend, Green Beans
Wednesday	A	Chicken Gyro, Greek Green Beans with Tomatoes, Rosemary Potatoes, Pita Chips, Tzatziki Sauce
	B	Cold Dinner Option: Ham, Cheese, Lettuce, Tomatoes, Variety Cold Salad
Thursday	A	Creamy Tuscan Chicken. Orzo, Yellow Squash, Peas
	B	Stuffed Pepper, Mashed Potatoes, Capri Veggie Blend
Friday	A	Sweet & Sour Beef Meatballs, Rice, Cauliflower, Capri Veggie Blend
	B	Biscuit with Pepper Gravy, Egg Patty, Chicken Sausage, Apples, Roasted Potatoes

Monday, October 12, 2026 – Friday, October 16, 2026

Monday	A	Baked Ziti, Zucchini, Carrots
	B	Turkey with Gravy, Stuffing, Capri Veggie Blend, California Veggie Blend
Tuesday	A	Chicken Scallopini with Mushrooms, Au Gratin Potatoes, Winter Veggie Blend
	B	Stuffed Pepper, Mashed Potatoes, Capri Veggie Blend
Wednesday	A	Chicken Shepards Pie, Yellow Wax Beans, Tomatoes with Zucchini
	B	Cold Dinner Option: Tossed Lettuce Salad, Chicken Strips, Cheese, Egg Half, Tomatoes, Dressing
Thursday	A	Breaded Pork w. Gravy, Sweet Potatoes, Nantucket Veggie Blend
	B	Macaroni & Cheese, California Veggie Blend, Green Beans
Friday	A	Italian Beef Pot Roast, Peas & Carrots, Roasted Root Veggie Blend
	B	Biscuit with Pepper Gravy, Egg Patty, Chicken Sausage, Apples, Roasted Potatoes

Monday, October 19, 2026 – Friday, October 23, 2026

Monday	A	Vegetable & Cheese Egg Bake, Escalloped Apples, Scandinavian Veggie Blend
	B	Stuffed Pepper, Mashed Potatoes, Capri Veggie Blend
Tuesday	A	Swedish Beef Meatballs, Noodles, Carrots, Yellow Wax Beans
	B	Turkey with Gravy, Stuffing, Capri Veggie Blend, California Veggie Blend
Wednesday	A	Chicken Cordon Bleu, Roasted Butternut Squash, Homestyle Green Beans
	B	Cold Dinner Option: Bologna, Cheese, Lettuce, Tomatoes, Variety Cold Salad
Thursday	A	Turkey and Pork Sausage Goulash, Spinach, Winter Veggie Blend
	B	Biscuit with Pepper Gravy, Egg Patty, Chicken Sausage, Apples, Roasted Potatoes
Friday	A	Beef Pepper Patty with Gravy, Au Gratin Potatoes, Stewed Tomatoes
	B	Macaroni & Cheese, California Veggie Blend, Green Beans

Monday, October 26, 2026 – Friday, October 30, 2026

Monday	A	Eggplant Parmesan, Noodles, Spinach, Normandy Veggie Blend
	B	Turkey with Gravy, Stuffing, Capri Veggie Blend, California Veggie Blend
Tuesday	A	Cesear Chicken, Tricolored Potatoes, Green Beans
	B	Stuffed Pepper, Mashed Potatoes, Capri Veggie Blend
Wednesday	A	Carne Asada Pork Roast, Corn Black Bean Veggie Blend, California Veggie Blend
	B	Cold Dinner Option: Chicken Salad, Lettuce, Tomatoes, Variety Cold Salad
Thursday	A	Pizza Burger, Potatoes with Peppers, Roasted Brussel Sprouts
	B	Macaroni & Cheese, California Veggie Blend, Green Beans
Friday	A	Beef Lo Mein, Noodles, Oriental Veggie Blend, Corn
	B	Biscuit with Pepper Gravy, Egg Patty, Chicken Sausage, Apples, Roasted Potatoes

Monday, November 2, 2026 – Friday, November 6, 2026

Monday	A	Pancake Wrapped Chicken Sausage, Syrup, Egg Patty with Cheese, Baked Apples, Capri Veggie Blend
	B	Traditions Breaded Fish/Breaded Pollock, Vegetable Blend, Peas
Tuesday	A	Greek Chicken, Wild Rice, Roasted Root Vegetable, Yellow Wax Beans
	B	French Toast Casserole, Turkey Bacon, Apples, Roasted Potatoes
Wednesday	A	Apple Cinnamon Pork, Hubbard Squash, Winter Veggie Blend
	B	Cold Dinner Option: Turkey, Cheese, Lettuce, Tomatoes, Variety Cold Salad
Thursday	A	Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans
	B	Chicken Cavatappi, California Veggie Blend, Green Beans
Friday	A	Roasted Chicken Legs, Roasted Potatoes, Prince Charles Veggie Blend
	B	Salisbury Steak with Gravy, Mashed Potatoes, Carrots

Monday, November 9, 2026 – Friday, November 13, 2026

Monday	A	Sloppy Joe, Macaroni & Cheese, Turnip Greens, California Veggie Blend
	B	Traditions Breaded Fish/Breaded Pollock, Vegetable Blend, Peas
Tuesday	A	Turkey Burger Supreme, Sweet Potatoes, Zucchini
	B	Chicken Cavatappi, California Veggie Blend, Green Beans
Wednesday	A	Korean BBQ Pulled Pork, Ranch Mashed Potatoes, Green Beans
	B	Cold Dinner Option: Tossed Lettuce Salad, Chicken Strips, Cheese, Tomatoes, Egg Half, Dressing
Thursday	A	Chicken Broccoli Rice Casserole, Carrots, Stewed Tomatoes
	B	Salisbury Steak with Gravy, Mashed Potatoes, Carrots
Friday	A	Beef Taco Bake, Corn, Winter Veggie Blend
	B	French Toast Casserole, Turkey Bacon, Apples, Roasted Potatoes

Monday, November 16, 2026 – Friday, November 20, 2026

Monday	A	Spinach Feta Rice Bake, Brussel Sprouts, Carrots
	B	Chicken Cavatappi, California Veggie Blend, Green Beans
Tuesday	A	Salisbury Steak with Gravy, Yukon Gold Potatoes, Cheesy Broccoli
	B	French Toast Casserole, Turkey Bacon, Apples, Roasted Potatoes
Wednesday	A	Chicken Gyro, Greek Green Beans with Tomatoes, Rosemary Potatoes, Pita Chips, Tzatziki Sauce
	B	Cold Dinner Option: Turkey Ham & Cheese Cubes, Lettuce, Tomatoes, Variety Cold Salad
Thursday	A	Creamy Tuscan Chicken. Orzo, Yellow Squash, Peas
	B	Salisbury Steak with Gravy, Mashed Potatoes, Carrots
Friday	A	Sweet & Sour Beef Meatballs, Rice, Cauliflower, Capri Veggie Blend
	B	Traditions Breaded Fish/Breaded Pollock, Vegetable Blend, Peas

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Monday, November 23, 2026 – Friday, November 27, 2026

Monday	☐ A Baked Ziti, Zucchini, Carrots
	☐ B French Toast Casserole, Turkey Bacon, Apples, Roasted Potatoes
Tuesday	☐ A Chicken Scallopini with Mushrooms, Au Gratin Potatoes, Winter Veggie Blend
	☐ B Salisbury Steak with Gravy, Mashed Potatoes, Carrots
Wednesday	☐ A Chicken Shepards Pie, Yellow Wax Beans, Tomatoes with Zucchini
	☐ B Cold Dinner Option: Ham Salad, Lettuce, Tomatoes, Variety Cold Salad
Thursday	☐ A Thanksgiving Dinner: Turkey with Gravy, Stuffing, Sweet Potatoes, Green Bean Casserole
	☐ B Chicken with Gravy, Stuffing, Sweet Potatoes, Green Bean Casserole
Friday	☐ A Italian Beef Pot Roast, Peas & Carrots, Roasted Root Veggie Blend
	☐ B Traditions Breaded Fish/Breaded Pollock, Veggie Blend, Peas

You can make these menu choices online!

If you have internet access and a computer, tablet, or smartphone,
you can make your Mobile Meals' dinner selections online.

You can fill out your menu online at:
mobilemeals.org/order

Type mobilemeals.org/order in the address bar of your browser.

After you submit your dinner selections, you'll receive
an email with a summary of all the meals you have
chosen. You will also get an email to remind you when
the next menu is available.

Please call 419.255.7806 if you have any questions.

**SAMPLE: Tap or click to select the choice you'd
like for each day**

Select a Choice - Tuesday 9/8

A-Swedish Beef Meatballs, Noodles,
Carrots, Yellow Wax Beans

B-Egg Bacon Cheese Scramble,
Apples, Sweet Potatoes

☒ A ☐ B

Mobile Meals Delivery Policy

Meal Deliveries are typically made between 9:00 am and 2:00 pm. If you know you will not be home during these hours, please choose one of the following options:

ARRANGE A RECEIVER: Make arrangements for someone to be at your home to receive your meals.

PLACE A HOLD: Call 419-255-7806 by 12:00 pm the **DAY BEFORE** your scheduled delivery to place your service on hold.

IMPORTANT NOTE: Canceling your meals the day of your delivery may result in your service being placed on a **LONG HOLD**.