






YOUR NEXT 12-WEEK MENU IS NOW AVAILABLE FROM MOBILE MEALS

Client's Full Name: _____

Without this information we can not honor your choices.

The dinner entrée listed next to each day is the **FEATURED MEAL**  for that day. This 12-week menu offers **FOUR ALTERNATE MEALS** each day. If you would rather receive one of the Alternate Meals instead of the Featured Meal, **CIRCLE the corresponding  OR  OR  OR ** to indicate which Alternate Meal you'd like to receive. **If you do not circle an Alternate Meal choice, you will automatically receive the Featured Meal for that day.** You should have a total of 5 circles for each week. **Go online to make your meal choices OR fill this form and give it to your driver or volunteer as soon as possible.**

PLEASE NOTE: Menus are adjusted to accommodate special diets. Meals are subject to change due to availability, supply chain issues, and other circumstances beyond our control.

Questions? Need Ingredient Information? Visit mobilemeals.org or call 419.255.7806.

Visit mobilemeals.org/order to fill out these menu choices online.



mobilemeals

Circle the **FEATURED MEAL** **OR** one of the **ALTERNATE MEALS** for each day.

YOUR ALTERNATE MEAL OPTIONS:



= Sloppy Joes with Bun, Roasted Potatoes, Capri Veggie Blend



= Macaroni & Cheese, Green Beans, California Veggie Blend



= Fresh Choice: Sliced Turkey, Cheese, Lettuce, Tomatoes, Variety Fresh Salad



= Breakfast Sandwich: Chicken Sausage, Egg, Bun, Baked Apples, Sweet Potatoes

FEATURED MEAL

Monday, June 15, 2026 – Friday, June 19, 2026

ALTERNATE MEALS

Mon.  = Vegetable & Cheese Egg Bake, Escaloped Apples, Scandinavian Veggies 	OR  OR  OR  OR 
Tues.  = Swedish Beef Meatballs, Noodles, Caribbean Veg. Blend, Asparagus	OR  OR  OR  OR 
Wed.  = Chicken Cordon Bleu, Roasted Butternut Squash, Homestyle Green Beans	OR  OR  OR  OR 
Thur.  = Turkey & Pork Sausage Goulash, Spinach, Sicilian Veggies	OR  OR  OR  OR 
Fri.  = BBQ Bacon Meatloaf, Scalloped Potatoes, Nantucket Blend Veggies	OR  OR  OR  OR 

FEATURED MEAL

Monday, June 22, 2026 – Friday, June 26, 2026


ALTERNATE MEALS


Mon.  = Eggplant Parmesan, Spaghetti Squash Noodles, Spinach, Northwest Veggies 	OR  OR  OR  OR 
Tues.  = Honey Mustard Chicken, Baby Tricolored Potatoes, Green Beans	OR  OR  OR  OR 
Wed.  = Cuban Pork with Plantain, Corn Black Bean Veggies, Winter Veggies	OR  OR  OR  OR 
Thur.  = Pizza Burger, Potatoes with Peppers, Roasted Brussel Sprouts	OR  OR  OR  OR 
Fri.  = Beef Lo Mein, Noodles, Far East Veg. Blend, Corn	OR  OR  OR  OR 


 = SELECTION DOESN'T CONTAIN MEAT

CONTINUED ON BACK

YOUR ALTERNATE MEAL OPTIONS:















 = Sloppy Joes with Bun, Roasted Potatoes, Capri Veggie Blend

 = Macaroni & Cheese, Green Beans, California Veggie Blend



























 = Fresh Choice: Sliced Turkey, Cheese, Lettuce, Tomatoes, Variety Fresh Salad

 = Breakfast Sandwich: Chicken Sausage, Egg, Bun, Baked Apples, Sweet Potatoes






















Monday, June 29, 2026 – Friday, July 3, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = French Toast Sticks, Egg Cheese Omelet, Baked Apples, Capri Veggies 	OR  OR  OR  OR 
Tues.  = Greek Chicken, Wild Rice, Roasted Root Vegetable, Snap Peas	OR  OR  OR  OR 
Wed.  = Orange Marmalade Pork, Rice, Roasted Zucchini & Yellow Squash, Carrots	OR  OR  OR  OR 
Thur.  = Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans	OR  OR  OR  OR 
Fri.  = Carolina BBQ Chicken Legs, Potato Medley, Roasted Vegetables	OR  OR  OR  OR 



























Monday, July 6, 2026 – Friday, July 10, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Macaroni & Cheese, Turnip Greens, California Veggies 	OR  OR  OR  OR 
Tues.  = Turkey Burger Supreme, Sweet Potatoes, Malibu Veggies	OR  OR  OR  OR 
Wed.  = BBQ Pulled Pork, Ranch Mashed Potatoes, Green Beans	OR  OR  OR  OR 
Thur.  = Chicken Broccoli Rice Casserole, Carrots, Stewed Tomatoes	OR  OR  OR  OR 
Fri.  = Dinner Salad: Turkey, Ham, Cheese, Lettuce, Tomatoes, Egg Half, Dressing	OR  OR  OR  OR 

Monday, July 13, 2026 – Friday, July 17, 2026


FEATURED MEAL	ALTERNATE MEALS
Mon.  = Spinach Feta Rice Bake, Peas & Carrots, Venetian Veggies 	OR  OR  OR  OR 
Tues.  = Salisbury Steak with Gravy, Roasted Potatoes, Cheesy Broccoli	OR  OR  OR  OR 
Wed.  = Chicken Gyro, Green Beans with Tomatoes, Potatoes, Pita Chips, Tzatziki Sauce	OR  OR  OR  OR 
Thur.  = Creamy Tuscan Chicken Orzo, Yellow Squash, Sicilian Veggies	OR  OR  OR  OR 
Fri.  = Sweet & Sour Beef Meatballs, Rice, Cauliflower, Kyoto Veggies	OR  OR  OR  OR 

Monday, July 20, 2026 – Friday, July 24, 2026


FEATURED MEAL	ALTERNATE MEALS
Mon.  = Baked Ziti, Zucchini, Prince Charles Veggies 	OR  OR  OR  OR 
Tues.  = Veal Scaloppini with Mushrooms, Au Gratin Potatoes, Capri Veggie Blend	OR  OR  OR  OR 
Wed.  = Chicken Pesto Pasta Bake, Mixed Veggies, Tomatoes & Zucchini Veggies	OR  OR  OR  OR 
Thur.  = Blackberry Dijon Pork Roast, Sweet Potatoes, Nantucket Veggies	OR  OR  OR  OR 
Fri.  = Italian Beef Pot Roast, Carrots, Sicilian Veggies	OR  OR  OR  OR 

 = SELECTION DOESN'T CONTAIN MEAT

YOUR ALTERNATE MEAL OPTIONS:

 = Sloppy Joes with Bun, Roasted Potatoes, Capri Veggie Blend

 = Macaroni & Cheese, Green Beans, California Veggie Blend












 = Fresh Choice: Sliced Turkey, Cheese, Lettuce, Tomatoes, Variety Fresh Salad

 = Breakfast Sandwich: Chicken Sausage, Egg, Bun, Baked Apples, Sweet Potatoes


























Monday, July 27, 2026 – Friday, July 31, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Vegetable & Cheese Egg Bake, Escaloped Apples, Scandinavian Veggies 	OR  OR  OR  OR 
Tues.  = Swedish Beef Meatballs, Noodles, Caribbean Veggies, Asparagus	OR  OR  OR  OR 
Wed.  = Chicken Cordon Bleu, Roasted Butternut Squash, Homestyle Green Beans	OR  OR  OR  OR 
Thur.  = Turkey & Pork Sausage Goulash, Spinach, Sicilian Veggies	OR  OR  OR  OR 
Fri.  = BBQ Bacon Meatloaf, Scalloped Potatoes, Nantucket Blend Veggies	OR  OR  OR  OR 


























Monday, August 3, 2026 – Friday, August 7, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Eggplant Parmesan, Spaghetti Squash Noodles, Spinach, Northwest Veggies 	OR  OR  OR  OR 
Tues.  = Honey Mustard Chicken, Baby Tricolored Potatoes, Green Beans	OR  OR  OR  OR 
Wed.  = Cuban Pork with Plantain, Corn Black Bean Veggies, Winter Veggies	OR  OR  OR  OR 
Thur.  = Pizza Burger, Potatoes with Peppers, Roasted Brussel Sprouts	OR  OR  OR  OR 
Fri.  = Beef Lo Mein, Noodles, Far East Veggies, Corn	OR  OR  OR  OR 

Monday, August 10, 2026 – Friday, August 14, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = French Toast Sticks, Egg Cheese Omelet, Baked Apples, Capri Veggies 	OR  OR  OR  OR 
Tues.  = Greek Chicken, Wild Rice, Roasted Root Vegetable, Snap Peas	OR  OR  OR  OR 
Wed.  = Orange Marmalade Pork, Rice, Roasted Zucchini & Yellow Squash, Carrots	OR  OR  OR  OR 
Thur.  = Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans	OR  OR  OR  OR 
Fri.  = Carolina BBQ Chicken Legs, Potato Medley, Roasted Veggies	OR  OR  OR  OR 

Monday, August 17, 2026 – Friday, August 21, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Macaroni & Cheese, Turnip Greens, California Veggies 	OR  OR  OR  OR 
Tues.  = Turkey Burger Supreme, Sweet Potatoes, Malibu Veggies	OR  OR  OR  OR 
Wed.  = BBQ Pulled Pork, Ranch Mashed Potatoes, Green Beans	OR  OR  OR  OR 
Thur.  = Chicken Broccoli Rice Casserole, Carrots, Stewed Tomatoes	OR  OR  OR  OR 
Fri.  = Dinner Salad: Turkey, Ham, Cheese, Lettuce, Tomatoes, Egg Half, Dressing	OR  OR  OR  OR 

 = SELECTION DOESN'T CONTAIN MEAT

CONTINUED ON BACK

YOUR ALTERNATE MEAL OPTIONS:



= Sloppy Joes with Bun, Roasted Potatoes, Capri Veggie Blend



= Macaroni & Cheese, Green Beans, California Veggie Blend



= Fresh Choice: Sliced Turkey, Cheese, Lettuce, Tomatoes, Variety Fresh Salad



= Breakfast Sandwich: Chicken Sausage, Egg, Bun, Baked Apples, Sweet Potatoes

FEATURED MEAL

Monday, August 24, 2026 – Friday, August 28, 2026

ALTERNATE MEALS

Mon. = Spinach Feta Rice Bake, Peas & Carrots, Venetian Veggies

OR OR OR OR

Tues. = Salisbury Steak with Gravy, Roasted Potatoes, Cheesy Broccoli

OR OR OR OR

Wed. = Chicken Gyro, Green Beans with Tomatoes, Potatoes, Pita Chips, Tzatziki Sauce

OR OR OR OR

Thur. = Creamy Tuscan Chicken Orzo, Yellow Squash, Sicilian Veggies

OR OR OR OR

Fri. = Sweet & Sour Beef Meatballs, Rice, Cauliflower, Kyoto Veggies

OR OR OR OR

FEATURED MEAL

Monday, August 31, 2026 – Friday, September 4, 2026

ALTERNATE MEALS

Mon. = Baked Ziti, Zucchini, Prince Charles Veggies

OR OR OR OR

Tues. = Veal Scaloppini with Mushrooms, Au Gratin Potatoes, Capri Veggie Blend

OR OR OR OR

Wed. = Chicken Pesto Pasta Bake, Mixed Veggies, Tomatoes & Zucchini Veggies

OR OR OR OR

Thur. = Blackberry Dijon Pork Roast, Sweet Potatoes, Nantucket Veggies

OR OR OR OR

Fri. = Italian Beef Pot Roast, Carrots, Sicilian Veggies - **No Alternate Choices This Day**

You can make these menu choices online!

If you have internet access and a computer, tablet, or smartphone,
you can make your Mobile Meals' dinner selections online.

You can fill out your menu online at:

mobilemeals.org/order

(Type mobilemeals.org/order in the address bar of your browser.)

After you submit your dinner selections, you'll receive an email with a summary of all the meals you have chosen. You will also get an email to remind you when the next menu is available.

Please call 419.255.7806 if you have any questions.

SAMPLE: Just tap or click on the choice you'd like for each day

Wednesday, November 5, 2025

- Broccoli and Cheese Stuffed Chicken, Wild Rice, Mixed Vegetables, and Carrots
- Option A: Artisan Macaroni & Cheese, Carrots, and Peas
- Option B: Salisbury Steak, Mashed Potatoes, and Carrots
- Option C: Baked Chicken with Gravy, Rice, Green Beans, and Fruit Compote