

YOUR NEXT 12-WEEK MENU IS NOW AVAILABLE FROM MOBILE MEALS

Client's Full Name: _____ *Without this information we can not honor your choices.*

The dinner entrée listed next to each day is the **FEATURED MEAL**  for that day. This 12-week menu offers **FOUR ALTERNATE MEALS** each day. If you would rather receive one of the Alternate Meals instead of the Featured Meal, **CIRCLE** the corresponding  **OR**  **OR**  **OR**  to indicate which Alternate Meal you'd like to receive. **If you do not circle an Alternate Meal choice, you will automatically receive the Featured Meal for that day.** You should have a total of 5 circles for each week. **Go online to make your meal choices OR fill this form and give it to your driver or volunteer as soon as possible.**

PLEASE NOTE: Menus are adjusted to accommodate special diets. Meals are subject to change due to availability, supply chain issues, and other circumstances beyond our control.

Questions? Need Ingredient Information? Visit mobilemeals.org or call 419.255.7806.

Visit mobilemeals.org/order to fill out these menu choices online.



Circle the FEATURED MEAL OR one of the ALTERNATE MEALS for each day.

YOUR ALTERNATE MEAL OPTIONS:

-  = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend
-  = Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend
-  = Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas
-  = Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes

Monday, March 23, 2025 – Friday, March 27, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Vegetable & Cheese Egg Bake, Escalloped Apples, Scandinavian Veggies 	OR    
Tues.  = Hawaiian Beef Meatballs, Rice, Caribbean Veggies, Asparagus	OR    
Wed.  = Turkey Pot Pie, Succotash, Homestyle Green Beans	OR    
Thur.  = Turkey & Pork Sausage Goulash, Spinach, Sicilian Veggies	OR    
Fri.  = Smothered Pork Chop, Scalloped Potatoes, Nantucket Veggies	OR    

Monday, March 30, 2026 – Friday, April 3, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Florentine Stuffed Shells, Tomatoes & Zucchini Veggies, Northwest Veggies 	OR    
Tues.  = Bourbon Chicken, Baby Tricolored Potatoes, Green Beans	OR    
Wed.  = Cuban Pork with Plantain, Corn Black Bean Veggies, Winter Veggies	OR    
Thur.  = Cheddar Turkey Burger with Turkey Bacon, Potatoes with Peppers, Brussel Sprouts	OR    
Fri.  = Ham, Roll, Garlic Herb Potatoes, Roasted Carrots	OR    

 = SELECTION DOESN'T CONTAIN MEAT

CONTINUED ON BACK

YOUR ALTERNATE MEAL OPTIONS:

-  = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend
-  = Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend
-  = Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas
-  = Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes

Monday, April 6, 2026 – Friday, April 10, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Biscuit with Pepper Gravy, Egg/Cheese Omelet, Baked Apples, Capri Veggies 	OR  OR  OR  OR 
Tues.  = Greek Chicken, Wild Rice, Roasted Root Vegetable, Snap Peas	OR  OR  OR  OR 
Wed.  = Sweet & Sour Pork, Rice, Roasted Zucchini & Yellow Squash, Carrots	OR  OR  OR  OR 
Thur.  = Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans	OR  OR  OR  OR 
Fri.  = Open Faced Beef Pot Roast Sandwich, Mashed Potatoes, Northwest Veggies	OR  OR  OR  OR 

Monday, April 13, 2026 – Friday, April 17, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Grilled Cheese Tomato Soup Casserole, Spinach, Italian Veggies 	OR  OR  OR  OR 
Tues.  = Turkey Cacciatore, Sicilian Veggies, Roasted Butternut Squash	OR  OR  OR  OR 
Wed.  = Beef & Broccoli, Rice, Oriental Veggies, Peas	OR  OR  OR  OR 
Thur.  = Chicken Fried Chicken with Pepper Gravy, Potatoes with Peppers, Carrots	OR  OR  OR  OR 
Fri.  = Chicken Enchilada Casserole, Mexican Rice, Mexican Corn, Side Salad, Dressing	OR  OR  OR  OR 

Monday, April 20, 2026 – Friday, April 24, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Macaroni & Cheese, Yellow Wax Beans, California Veggies 	OR  OR  OR  OR 
Tues.  = Salisbury Steak with Gravy, Roasted Potatoes, Cheesy Broccoli	OR  OR  OR  OR 
Wed.  = Beef Stew, Redskin Mashed Potatoes, Key West Veggies	OR  OR  OR  OR 
Thur.  = Chicken Parmesan, Noodles, Turnip Greens, Scandinavian Veggies	OR  OR  OR  OR 
Fri.  = (Fresh Dinner) Sliced Turkey, Cheese, Lettuce, Tomatoes, Potato Salad, Peaches	OR  OR  OR  OR 

Monday, April 27, 2026 – Friday, May 1, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Vegetarian Chili with Macaroni, Mexican Corn, Prince Charles Veggies 	OR  OR  OR  OR 
Tues.  = Veal Scaloppini with Mushrooms, Au Gratin Potatoes, Capri Veggie Blend	OR  OR  OR  OR 
Wed.  = Turkey Tetrazzini, Mixed Veggies, Tomatoes & Zucchini	OR  OR  OR  OR 
Thur.  = Blackberry Dijon Pork Roast, Sweet Potatoes, Nantucket Veggie Blend	OR  OR  OR  OR 
Fri.  = Chicken Broccoli Cheddar Soup, Carrots, Far East Veggie Blend	OR  OR  OR  OR 

 = SELECTION DOESN'T CONTAIN MEAT

YOUR ALTERNATE MEAL OPTIONS:

-  = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend
-  = Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend
-  = Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas
-  = Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes

Monday, May 4, 2026 – Friday, May 8, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Vegetable & Cheese Egg Bake, Escalloped Apples, Scandinavian Veggies 	OR  OR  OR  OR 
Tues.  = Hawaiian Beef Meatballs, Rice, Caribbean Veggies, Asparagus	OR  OR  OR  OR 
Wed.  = Turkey Pot Pie, Succotash, Homestyle Green Beans	OR  OR  OR  OR 
Thur.  = Turkey & Pork Sausage Goulash, Spinach, Sicilian Veggies	OR  OR  OR  OR 
Fri.  = Smothered Pork Chop, Scalloped Potatoes, Nantucket Veggies	OR  OR  OR  OR 

Monday, May 11, 2026 – Friday, May 15, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Florentine Stuffed Shells, Tomatoes & Zucchini Veggies, Northwest Veggies 	OR  OR  OR  OR 
Tues.  = Bourbon Chicken, Baby Tricolored Potatoes, Green Beans	OR  OR  OR  OR 
Wed.  = Cuban Pork with Plantain, Corn Black Bean Veggies, Winter Veggies	OR  OR  OR  OR 
Thur.  = Cheddar Turkey Burger with Turkey Bacon, Potatoes with Peppers, Brussel Sprouts	OR  OR  OR  OR 
Fri.  = Creamy Tuscan Chicken, Orzo, Sicilian Veggies, Roasted Veggies	OR  OR  OR  OR 

Monday, May 18, 2026 – Friday, May 22, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Biscuit with Pepper Gravy, Egg/Cheese Omelet, Baked Apples, Capri Veggies 	OR  OR  OR  OR 
Tues.  = Greek Chicken, Wild Rice, Roasted Root Vegetable, Snap Peas	OR  OR  OR  OR 
Wed.  = Sweet & Sour Pork, Rice, Roasted Zucchini & Yellow Squash, Carrots	OR  OR  OR  OR 
Thur.  = Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans	OR  OR  OR  OR 
Fri.  = Turkey Kielbasa with Bun, Sauerkraut, Baked Beans, Northwest Veggie Blend - No Alternate Choices This Day	

Monday, May 25, 2026 – Friday, May 29, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Grilled Cheese Tomato Soup Casserole, Spinach, Italian Veggies 	OR  OR  OR  OR 
Tues.  = Turkey Cacciatore, Sicilian Veggies, Roasted Butternut Squash	OR  OR  OR  OR 
Wed.  = Beef & Broccoli, Rice, Oriental Veggies, Peas	OR  OR  OR  OR 
Thur.  = Chicken Fried Chicken with Pepper Gravy, Potatoes with Peppers, Carrots	OR  OR  OR  OR 
Fri.  = Chicken Enchilada Casserole, Mexican Rice, Mexican Corn, Side Salad, Dressing	OR  OR  OR  OR 

 = SELECTION DOESN'T CONTAIN MEAT

CONTINUED ON BACK

YOUR ALTERNATE MEAL OPTIONS:

-  = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend
-  = Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend
-  = Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas
-  = Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes

Monday, June 1, 2026 – Friday, June 5, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Macaroni & Cheese, Yellow Wax Beans, California Veggies 	OR  OR  OR  OR 
Tues.  = Salisbury Steak with Gravy, Roasted Potatoes, Cheesy Broccoli	OR  OR  OR  OR 
Wed.  = Beef Stew, Redskin Mashed Potatoes, Key West Veggies	OR  OR  OR  OR 
Thur.  = Chicken Parmesan, Noodles, Turnip Greens, Scandinavian Veggies	OR  OR  OR  OR 
Fri.  = (Fresh Dinner) Sliced Turkey, Cheese, Lettuce, Tomatoes, Potato Salad, Peaches	OR  OR  OR  OR 

Monday, June 8, 2026 – Friday, June 12, 2026

FEATURED MEAL	ALTERNATE MEALS
Mon.  = Vegetarian Chili with Macaroni, Mexican Corn, Prince Charles Veggies 	OR  OR  OR  OR 
Tues.  = Veal Scaloppini with Mushrooms, Au Gratin Potatoes, Capri Veggie Blend	OR  OR  OR  OR 
Wed.  = Turkey Tetrazzini, Mixed Veggies, Tomatoes & Zucchini	OR  OR  OR  OR 
Thur.  = Blackberry Dijon Pork Roast, Sweet Potatoes, Nantucket Veggie Blend	OR  OR  OR  OR 
Fri.  = Chicken Broccoli Cheddar Soup, Carrots, Far East Veggie Blend - No Alternate Choices This Day	

You can make these menu choices online!

If you have internet access and a computer, tablet, or smartphone,
you can make your Mobile Meals' dinner selections online.

You can fill out your menu online at:

mobilemeals.org/order

(Type **mobilemeals.org/order** in the address bar of your browser.)

After you submit your dinner selections, you'll receive an email with a summary of all the meals you have chosen. You will also get an email to remind you when the next menu is available.

Please call 419.255.7806 if you have any questions.

SAMPLE: Just tap or click on the choice you'd like for each day

Wednesday, November 5, 2025

Broccoli and Cheese Stuffed Chicken, Wild Rice, Mixed Vegetables, and Carrots

Option A: Artisan Macaroni & Cheese, Carrots, and Peas

Option B: Salisbury Steak, Mashed Potatoes, and Carrots

Option C: Baked Chicken with Gravy, Rice, Green Beans, and Fruit Compote