






# YOUR NEXT 12-WEEK MENU IS NOW AVAILABLE FROM MOBILE MEALS

Client's Full Name: \_\_\_\_\_

*Without this information we can not honor your choices.*

The dinner entrée listed next to each day is the **FEATURED MEAL**  for that day. This 12-week menu offers **FOUR ALTERNATE MEALS** each day. If you would rather receive one of the Alternate Meals instead of the Featured Meal, **CIRCLE the corresponding  OR  OR  OR ** to indicate which Alternate Meal you'd like to receive. **If you do not circle an Alternate Meal choice, you will automatically receive the Featured Meal for that day.** You should have a total of 5 circles for each week. **Go online to make your meal choices OR fill this form and give it to your driver or volunteer as soon as possible.**

*PLEASE NOTE: Menus are adjusted to accommodate special diets. Meals are subject to change due to availability, supply chain issues, and other circumstances beyond our control.*

Questions? Need Ingredient Information? Visit [mobilemeals.org](http://mobilemeals.org) or call 419.255.7806.

Visit **[mobilemeals.org/order](http://mobilemeals.org/order)** to fill out these menu choices online.



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*Circle the FEATURED MEAL OR one of the ALTERNATE MEALS for each day.*

## YOUR ALTERNATE MEAL OPTIONS:



= Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend



= Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend



= Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas





























= Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes

### FEATURED MEAL

**Monday, March 23, 2025 – Friday, March 27, 2026**



























### ALTERNATE MEALS

<b>Mon.</b>  = Vegetable & Cheese Egg Bake, Escaloped Apples, Scandinavian Veggies 	OR  OR  OR  OR 
<b>Tues.</b>  = Hawaiian Beef Meatballs, Rice, Caribbean Veggies, Asparagus	OR  OR  OR  OR 
<b>Wed.</b>  = Turkey Pot Pie, Succotash, Homestyle Green Beans	OR  OR  OR  OR 
<b>Thur.</b>  = Turkey & Pork Sausage Goulash, Spinach, Sicilian Veggies	OR  OR  OR  OR 
<b>Fri.</b>  = Smothered Pork Chop, Scalloped Potatoes, Nantucket Veggies	OR  OR  OR  OR 

### FEATURED MEAL

**Monday, March 30, 2026 – Friday, April 3, 2026**

### ALTERNATE MEALS





<b>Mon.</b>  = Florentine Stuffed Shells, Tomatoes & Zucchini Veggies, Northwest Veggies 	OR  OR  OR  OR 
<b>Tues.</b>  = Bourbon Chicken, Baby Tricolored Potatoes, Green Beans	OR  OR  OR  OR 
<b>Wed.</b>  = Cuban Pork with Plantain, Corn Black Bean Veggies, Winter Veggies	OR  OR  OR  OR 
<b>Thur.</b>  = Cheddar Turkey Burger with Turkey Bacon, Potatoes with Peppers, Brussel Sprouts	OR  OR  OR  OR 
<b>Fri.</b>  = Ham, Roll, Garlic Herb Potatoes, Roasted Carrots	OR  OR  OR  OR 





























= SELECTION DOESN'T CONTAIN MEAT

CONTINUED ON BACK



















## YOUR ALTERNATE MEAL OPTIONS:

-  = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend
-  = Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend
-  = Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas
-  = Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes







### Monday, April 6, 2026 – Friday, April 10, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b>  = Biscuit with Pepper Gravy, Egg/Cheese Omelet, Baked Apples, Capri Veggies 	OR  OR  OR  OR 
<b>Tues.</b>  = Greek Chicken, Wild Rice, Roasted Root Vegetable, Snap Peas	OR  OR  OR  OR 
<b>Wed.</b>  = Sweet & Sour Pork, Rice, Roasted Zucchini & Yellow Squash, Carrots	OR  OR  OR  OR 
<b>Thur.</b>  = Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans	OR  OR  OR  OR 
<b>Fri.</b>  = Open Faced Beef Pot Roast Sandwich, Mashed Potatoes, Northwest Veggies	OR  OR  OR  OR 















### Monday, April 13, 2026 – Friday, April 17, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b>  = Grilled Cheese Tomato Soup Casserole, Spinach, Italian Veggies 	OR  OR  OR  OR 
<b>Tues.</b>  = Turkey Cacciatore, Sicilian Veggies, Roasted Butternut Squash	OR  OR  OR  OR 
<b>Wed.</b>  = Beef & Broccoli, Rice, Oriental Veggies, Peas	OR  OR  OR  OR 
<b>Thur.</b>  = Chicken Fried Chicken with Pepper Gravy, Potatoes with Peppers, Carrots	OR  OR  OR  OR 
<b>Fri.</b>  = Chicken Enchilada Casserole, Mexican Rice, Mexican Corn, Side Salad, Dressing	OR  OR  OR  OR 

### Monday, April 20, 2026 – Friday, April 24, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b>  = Macaroni & Cheese, Yellow Wax Beans, California Veggies 	OR  OR  OR  OR 
<b>Tues.</b>  = Salisbury Steak with Gravy, Roasted Potatoes, Cheesy Broccoli	OR  OR  OR  OR 
<b>Wed.</b>  = Beef Stew, Redskin Mashed Potatoes, Key West Veggies	OR  OR  OR  OR 
<b>Thur.</b>  = Chicken Parmesan, Noodles, Turnip Greens, Scandinavian Veggies	OR  OR  OR  OR 
<b>Fri.</b>  = (Fresh Dinner) Sliced Turkey, Cheese, Lettuce, Tomatoes, Potato Salad, Peaches	OR  OR  OR  OR 

### Monday, April 27, 2026 – Friday, May 1, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b>  = Vegetarian Chili with Macaroni, Mexican Corn, Prince Charles Veggies 	OR  OR  OR  OR 
<b>Tues.</b>  = Veal Scaloppini with Mushrooms, Au Gratin Potatoes, Capri Veggie Blend	OR  OR  OR  OR 
<b>Wed.</b>  = Turkey Tetrazzini, Mixed Veggies, Tomatoes & Zucchini	OR  OR  OR  OR 
<b>Thur.</b>  = Blackberry Dijon Pork Roast, Sweet Potatoes, Nantucket Veggie Blend	OR  OR  OR  OR 
<b>Fri.</b>  = Chicken Broccoli Cheddar Soup, Carrots, Far East Veggie Blend	OR  OR  OR  OR 

 = SELECTION DOESN'T CONTAIN MEAT

## YOUR ALTERNATE MEAL OPTIONS:



**A** = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend



**B** = Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend



**C** = Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas



**D** = Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes

### Monday, May 4, 2026 – Friday, May 8, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b> = Vegetable & Cheese Egg Bake, Escaloped Apples, Scandinavian Veggies	OR  OR  OR  OR
<b>Tues.</b> = Hawaiian Beef Meatballs, Rice, Caribbean Veggies, Asparagus	OR  OR  OR  OR
<b>Wed.</b> = Turkey Pot Pie, Succotash, Homestyle Green Beans	OR  OR  OR  OR
<b>Thur.</b> = Turkey & Pork Sausage Goulash, Spinach, Sicilian Veggies	OR  OR  OR  OR
<b>Fri.</b> = Smothered Pork Chop, Scalloped Potatoes, Nantucket Veggies	OR  OR  OR  OR

### Monday, May 11, 2026 – Friday, May 15, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b> = Florentine Stuffed Shells, Tomatoes & Zucchini Veggies, Northwest Veggies	OR  OR  OR  OR
<b>Tues.</b> = Bourbon Chicken, Baby Tricolored Potatoes, Green Beans	OR  OR  OR  OR
<b>Wed.</b> = Cuban Pork with Plantain, Corn Black Bean Veggies, Winter Veggies	OR  OR  OR  OR
<b>Thur.</b> = Cheddar Turkey Burger with Turkey Bacon, Potatoes with Peppers, Brussel Sprouts	OR  OR  OR  OR
<b>Fri.</b> = Creamy Tuscan Chicken, Orzo, Sicilian Veggies, Roasted Veggies	OR  OR  OR  OR

### Monday, May 18, 2026 – Friday, May 22, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b> = Biscuit with Pepper Gravy, Egg/Cheese Omelet, Baked Apples, Capri Veggies	OR  OR  OR  OR
<b>Tues.</b> = Greek Chicken, Wild Rice, Roasted Root Vegetable, Snap Peas	OR  OR  OR  OR
<b>Wed.</b> = Sweet & Sour Pork, Rice, Roasted Zucchini & Yellow Squash, Carrots	OR  OR  OR  OR
<b>Thur.</b> = Swiss Steak, Redskin Mashed Potatoes, Homestyle Green Beans	OR  OR  OR  OR
<b>Fri.</b> = Turkey Kielbasa with Bun, Sauerkraut, Baked Beans, Northwest Veggie Blend - <b>No Alternate Choices This Day</b>	

### Monday, May 25, 2026 – Friday, May 29, 2026

FEATURED MEAL	ALTERNATE MEALS
<b>Mon.</b> = Grilled Cheese Tomato Soup Casserole, Spinach, Italian Veggies	OR  OR  OR  OR
<b>Tues.</b> = Turkey Cacciatore, Sicilian Veggies, Roasted Butternut Squash	OR  OR  OR  OR
<b>Wed.</b> = Beef & Broccoli, Rice, Oriental Veggies, Peas	OR  OR  OR  OR
<b>Thur.</b> = Chicken Fried Chicken with Pepper Gravy, Potatoes with Peppers, Carrots	OR  OR  OR  OR
<b>Fri.</b> = Chicken Enchilada Casserole, Mexican Rice, Mexican Corn, Side Salad, Dressing	OR  OR  OR  OR



= SELECTION DOESN'T CONTAIN MEAT

CONTINUED ON BACK

## YOUR ALTERNATE MEAL OPTIONS:



= Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend





























= Turkey Meatballs with Marinara Sauce, Pasta, Green Beans, California Veggie Blend

























= Tradition's Breaded Fish (Breaded Pollock), Veggie Blend, Peas



= Chicken Sausage with French Toast Sticks, Baked Apples, Sweet Potatoes

FEATURED MEAL		ALTERNATE MEALS							
Mon.	 = Macaroni & Cheese, Yellow Wax Beans, California Veggies 	OR		OR		OR		OR	
Tues.	 = Salisbury Steak with Gravy, Roasted Potatoes, Cheesy Broccoli	OR		OR		OR		OR	
Wed.	 = Beef Stew, Redskin Mashed Potatoes, Key West Veggies	OR		OR		OR		OR	
Thur.	 = Chicken Parmesan, Noodles, Turnip Greens, Scandinavian Veggies	OR		OR		OR		OR	
Fri.	 = (Fresh Dinner) Sliced Turkey, Cheese, Lettuce, Tomatoes, Potato Salad, Peaches	OR		OR		OR		OR	

Monday, June 8, 2026 – Friday, June 12, 2026		ALTERNATE MEALS							
FEATURED MEAL									
Mon.	 = Vegetarian Chili with Macaroni, Mexican Corn, Prince Charles Veggies 	OR		OR		OR		OR	
Tues.	 = Veal Scaloppini with Mushrooms, Au Gratin Potatoes, Capri Veggie Blend	OR		OR		OR		OR	
Wed.	 = Turkey Tetrazzini, Mixed Veggies, Tomatoes & Zucchini	OR		OR		OR		OR	
Thur.	 = Blackberry Dijon Pork Roast, Sweet Potatoes, Nantucket Veggie Blend	OR		OR		OR		OR	
Fri.	 = Chicken Broccoli Cheddar Soup, Carrots, Far East Veggie Blend - <b><i>No Alternate Choices This Day</i></b>								

# You can make these menu choices online!

If you have internet access and a computer, tablet, or smartphone,  
you can make your Mobile Meals' dinner selections online.

You can fill out your menu online at:

**mobilemeals.org/order**

(Type *mobilemeals.org/order* in the address bar of your browser.)

After you submit your dinner selections, you'll receive an email with a summary of all the meals you have chosen.  
You will also get an email to remind you when the next menu is available.

Please call 419.255.7806 if you have any questions.

SAMPLE: Just tap or click on the choice you'd like for each day

Wednesday, November 5, 2025

☒ Broccoli and Cheese Stuffed Chicken, Wild Rice, Mixed Vegetables, and Carrots

☐ Option A: Artisan Macaroni & Cheese, Carrots, and Peas

☐ Option B: Salisbury Steak, Mashed Potatoes, and Carrots

☐ Option C: Baked Chicken with Gravy, Rice, Green Beans, and Fruit Compote