



ISSUE 2

THE COMMUNITY Dish



419.255.7806 | mobilemeals.org



mobilemeals

Our Mission:

To help our clients remain independent and enhance their quality of life by delivering nutritious meals.






Congresswoman Marcy Kaptur and Alison Foreman, Mobile Meals of Toledo CEO; April 2025

This Issue:

- Pg. 1 - Policy Advocacy Essential For Supporting Seniors
- Pg. 2 - Client Spotlight
- Pg. 3 - From Our Kitchen
- Pg. 3 - New Board Members
- Pg. 3 - Dinners For Dad
- Pg. 4 - Volunteer Spotlight



Mobile Meals of Toledo
2200 Jefferson Ave
Toledo, OH 43604
419-255-7806

Website: mobilemeals.org
Donate: mobilemeals.org/donate
Email: info@mobilemeals.org
Find us on:   

Policy Advocacy Essential For Supporting Seniors

By Alison Foreman, Mobile Meals of Toledo CEO

Our nation is aging, and the percentage of older Americans will continue to rise at a historic rate. As CEO of Mobile Meals of Toledo, I am concerned about recent changes in the Department of Health and Human Services (HHS). The dissolution of the U.S. Administration for Community Living (ACL) jeopardizes essential services that support older adults and individuals with disabilities in living well at home and in the community.

Mobile Meals of Toledo serves over 2,500 older adults yearly and deliver more than 5,000 meals every week. Most of our clients are over the age of 75 and rely on Social Security benefits of about \$1,600 per month to cover their expenses, including food, housing, and medications. We must protect Social Security, Medicare, and vital support services like Meals on Wheels and Mobile Meals of Toledo.

CONTINUED INSIDE

Concerns about funding reductions for social services are being raised nationwide. **Mobile Meals of Toledo** is committed to serving all our clients without cutting services. We monitor federal budget discussions to prepare for community needs and advocate for our seniors to help them remain in their homes as long as possible.

Last month, we reached out to you, our supporters, with an advocacy email and on social media asking for your help to contact local politicians and urge them to protect essential services. We are pleased to share that they responded to your calls, and we received positive feedback from Senator Bernie Moreno and Congresswoman Marcy Kaptur. **Senator Moreno said he is dedicated to safeguarding essential programs such as Social Security, Medicare, and Medicaid. Congresswoman Kaptur stated, “It is our job to work together and fight as hard for those seniors as they have worked for us.”** We appreciate these responses and are hopeful that this

will translate into our lawmakers passing legislation that shows their commitment to the older adults we serve.

We are certain that Mobile Meals and other community nonprofits will continue to be the safety net that supports seniors during these uncertain times. We are working hard to ensure this safety net remains strong by partnering with local businesses, fundraising,

and securing new grants to enhance community support. However, we also know that continued federal assistance is vital to ensure seniors’ access to healthy meals. Prioritizing their well-being through your community involvement and policy advocacy is essential for a better future.

You can join Mobile Meals to continue monitoring how our elected officials demonstrate their support for seniors by sharing the importance of this message with your friends and family. Together, we can ensure we have a healthy community for all residents.

SPEAK UP FOR SENIORS!

Learn how you can help advocate:
mobilemeals.org/advocacy



Client Spotlight

Brent has lived in Toledo since his retirement and has received meals since 2021. He treasures this program deeply. Participating in the Senior Levy initiative, he relies on these meals as a vital resource while being homebound and facing limited transportation options.

Brent’s appreciation for the meals and the dedicated volunteers shines through as he shares, *“The volunteers are incredibly dependable and so friendly.”*

He enjoys Mobile Meals’ breakfast-for-dinner options and meatloaf entrée, praising their exceptional quality. To him, this program is an indispensable source of healthy eating.



Meatloaf Entrée

Brent’s gratitude for the meal program is understandable, as it is crucial in fulfilling his nutritional needs.

From Our Kitchen



We are excited for warm, sunny weather after a long, cold spring. The kitchen has been busy, and we're thrilled to share a few updates!

In the first four months of the year, the kitchen hosted 15 tours. Notable groups included the United Way Day of Caring group, Senator Bernie Moreno's office, Sisters of St. Francis Foundation, Cornerstone Caregiving, Mercy College, Knight Insurance Group, Owens Corning, Meals on Wheels of Erie County, City Councilman Nick Komives, and other various donor visits. We enjoy showing donors, sponsors, and service groups our operations. Please visit mobilemeals.org/tour if you are interested in scheduling a tour.

Our kitchen leadership recently attended the Gordon Food Spring Food Show in Novi, Michigan, where we explored delicious new ideas. Inspired

by what we tasted, our team is working on refreshing the menu with some exciting new dishes. Like a fresh seasonal option, Curry Chicken Casserole! It's a perfect summer meal. We can't wait for our clients to try it.

We're so grateful for our hardworking kitchen crew and all the love they put into every meal. Their dedication makes Mobile Meals of Toledo a special place, and we're excited about what's ahead! We would also like to thank everyone who supported our recent Pies & Pints fundraiser on March 14th. It was a huge success and helped us raise funds to continue doing what we love – serving nutritious meals to our community.

Thank you for being a part of the Mobile Meals of Toledo family. Your continued support means the world to us. The Kitchen Team wishes you a sunny, joyful summer!

Chef Linda, Kitchen Director



This Father's Day, we're honoring all fathers and grandfathers. Many of the dads we

serve spend this holiday without family or friends, so our kitchen is preparing a delicious meal and dessert to help make their day more special.

You can honor your father or a father figure by donating to Dinners for Dad. All funds support our home-delivered meal program.

Please visit mobilemeals.org/dad or use the enclosed envelope to donate. With your gift, we can continue our mission of making a meaningful difference in the lives of the seniors we care for, transforming ordinary days into unforgettable moments. Warm wishes to all dads this Father's Day!

New Board Member



Jamie Tooman joins our board with over 24 years of experience as a registered nurse and a strong background in nursing education and community service. She is currently the BSN Program Director at

Mercy College of Ohio. Jamie holds advanced nursing and health administration degrees and is completing her DNP at Chamberlain University. Active in her community, she serves on the local school board and participates in youth leadership, the Rotary Club, and Athletic Boosters. Jamie lives with her family in Graytown, Ohio, and enjoys camping, cruising, and Ohio State football. **Welcome Jamie!**



mobilemeals

2200 JEFFERSON AVE
TOLEDO, OH 43604

More
than a Meal



Non-Profit Org.
US Postage
PAID
Toledo, Ohio
Bulk Permit No. 388

Volunteer Spotlight

Lee & Jeanine



Lee and Jeanine have volunteered together for nearly a year. Seeking to give back to the community, he and his neighbor Jeanine, a retired nurse, were recommended to **Mobile Meals** through the Area Office on Aging of Northwest Ohio.

Lee and Jeanine deliver meals twice monthly and Lee also began delivering pet food. During one of his routes, he met a client in a wheelchair struggling with home maintenance. To help find him assistance, Lee followed up with Mobile Meals. This client also owns a dog his daughter could no longer care for. For Lee, these interactions make a lasting impression, and he looks forward to checking on the client during the next pet food delivery. **For this client and many others, pets are a priceless source of companionship and comfort.**

Lee enjoys the flexibility and fulfillment of volunteering. His advice for others considering volunteering is to ***"just do it!"***



Scan to sign up
to volunteer.

Jeanine's nursing experience proved invaluable when she noticed a client with a new bruise and paleness after experiencing a recent fall. Jeanine alerted the office, and they contacted the family. We are pleased to say the client is recovering well after a brief hospitalization. **Thank you, Jeanine!**