



**Job Title:** Wellness Call Volunteer

**Organization:** Mobile Meals of Toledo

**Location:** 2200 Jefferson Avenue, Toledo, OH 43604

**Days of the week available:** Volunteers receive a call list on Tuesdays by email and return a wellness report by Friday.

**Shift Time:** Volunteer can call during business hours Monday through Friday from their residence. The calls for each route list take about one hour.

**Summary:** Wellness volunteers in our organization conduct weekly wellness calls by reaching out to our clients by phone. The volunteers provide a listening ear, develop a friendly relationship to establish a meaningful connection and report any change in our client's condition. It is also a way of providing a well check since our clients do not receive meals daily, and this can be reassuring for their family members who may live out of town. Every Tuesday afternoon, the wellness volunteer will receive a weekly call list. The volunteer documents the calls in a wellness report with any change of condition(s) and turn it in by the end of the work week.

**Responsibilities:**

- To send the weekly call report each Friday, please copy and paste the names when you reply to the weekly client email
- Include notes such as they are ok, left message, or any questions or concerns that they may have such as a client change of condition

**Qualifications:**

- Phone etiquette
- Communication verbally to clients
- Community assessment
- Cultural humility, and empathy for older adults/food insecure/those discharged from the hospital
- Data analysis and data collection
- Time management

**Benefits:**

- Make a difference in the lives of others
- Gain Valuable volunteer experience
- Meet new people
- Learn about the challenges of hunger and food insecurity
- Have the opportunity to make a positive impact on your community

**To Apply:** Email us at [volunteer@mobilemeals.org](mailto:volunteer@mobilemeals.org) or contact the Volunteer Coordinator at 419-255-7806 x106. You may also fill out a volunteer interest form online at [mobilemeals.org/contact-volunteering](http://mobilemeals.org/contact-volunteering).

**Additional information:**

- We are looking for volunteers who are available to volunteer on a regular basis.
- We offer flexible scheduling options to accommodate your needs.
- We provide all of the necessary training and supplies for volunteers.

*We hope to hear from you soon!*