YOUR NEXT 12-WEEK MENU IS NOW AVAILABLE FROM MOBILE MEALS!

Client's Full Name:

Without this information we can not honor your choices.

The dinner entrée listed next to each day is the **FEATURED MEAL** for that day. This 12-week menu offers **FOUR ALTERNATE MEALS** each day. If you would rather receive one of the Alternate Meals instead of the Featured Meal, **CIRCLE the corresponding A OR A OR A OR A OR A** to indicate which Alternate Meal you'd like to receive. If you do not circle an Alternate Meal choice, you will automatically receive the Featured Meal for that day. You should have a total of 5 circles for each week. Go online to make your meal choices OR fill this form and give it to your driver or volunteer as soon as possible.

PLEASE NOTE: Menus are adjusted to accommodate special diets. Meals are subject to change due to availability, supply chain issues, and other circumstances beyond our control. Menu choices are not available to Paramount clients.

Questions? Need Ingredient Information? Visit mobilemeals.org or call 419.255.7806.

Visit mobilemeals.org/order to fill out these menu choices online.



Circle the FEATURED MEAL **OR** one of the ALTERNATE MEALS for each day.

YOUR ALTERNATE MEAL OPTIONS:

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- E = Chicken with Gravy, Rice, Green Beans, California Veggie Blend
- 💁 = Tradition's Breaded Fish/Breaded Pollock, Vegetable Blend, Peas

👜 = French Toast Bake, Chicken Sausage, Baked Apples, Potato Medley

Monday, April 21, 2025 - Friday, April 25, 2025



Monday, April 28, 2025 - Friday, May 2, 2025

FEATURED MEAL	ALTERNATE MEALS
Mon. 🚈 = Macaroni & Cheese, Zucchini, Northwest Veggie Blend 🚺	
Tues. 🚈 = Marsala Chicken, Baby Tricolored Potatoes, Snap Peas	or 🐴 or 🏦 or 👘 or 👘
Wed. 🚈 = Korean BBQ Pork, Hubbard/Winter Squash, Winter Veggie Blend	
Thurs. 🚈 = Swiss Steak, Red Skin Mashed Potatoes, Green Beans	or 🗥 or 🖄 or 🖄 or 🖄
Fri. 🚈 = Oriental Beef, Rice, Far East Veggie Blend, Yellow Wax Beans	

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YOUR ALTERNATE MEAL OPTIONS:

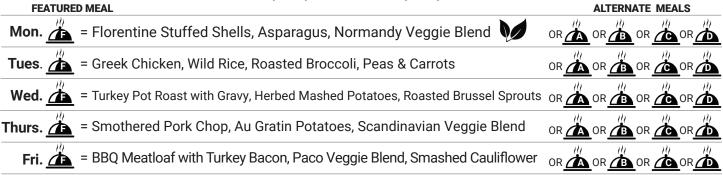
🛕 = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend

👜 = Chicken with Gravy, Rice, Green Beans, California Veggie Blend

🛕 = Tradition's Breaded Fish/Breaded Pollock, Vegetable Blend, Peas

👜 = French Toast Bake, Chicken Sausage, Baked Apples, Potato Medley

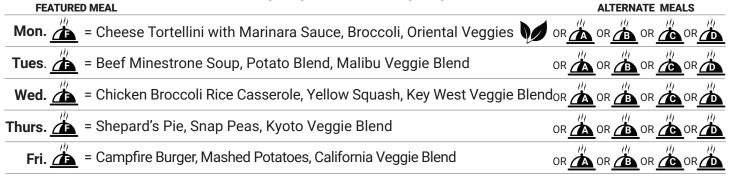
Monday, May 5, 2025 – Friday, May 9, 2025



Monday, May 12, 2025 - Friday, May 16, 2025



Monday, May 19, 2025 - Friday, May 23, 2025



Monday, May 26, 2025 - Friday, May 30, 2025



YOUR ALTERNATE MEAL OPTIONS:

🛕 = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend

👜 = Chicken with Gravy, Rice, Green Beans, California Veggie Blend

🜰 = Tradition's Breaded Fish/Breaded Pollock, Vegetable Blend, Peas

👜 = French Toast Bake, Chicken Sausage, Baked Apples, Potato Medley

Monday, June 2, 2025 – Friday, June 6, 2025



Monday, June 9, 2025 – Friday, June 13, 2025



Monday, June 16, 2025 - Friday, June 20, 2025



Monday, June 23, 2025 – Friday, June 27, 2025



= SELECTION DOESN'T CONTAIN MEAT

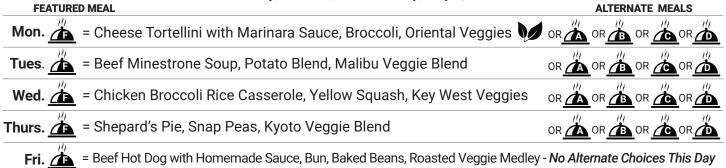
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YOUR ALTERNATE MEAL OPTIONS:

🛕 = Meatloaf with Gravy, Mashed Potatoes, Capri Veggie Blend

- 👜 = Chicken with Gravy, Rice, Green Beans, California Veggie Blend
- 🚈 = Tradition's Breaded Fish/Breaded Pollock, Vegetable Blend, Peas
- 👛 = French Toast Bake, Chicken Sausage, Baked Apples, Potato Medley

Monday, June 30, 2025 - Friday, July 4, 2025



Monday, July 7, 2025 - Friday, July 11, 2025



= SELECTION DOESN'T CONTAIN MEAT

You can make these menu choices online!

If you have internet access and a computer, tablet, or smartphone, you can make your Mobile Meals' dinner selections online.

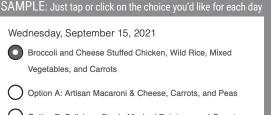
You can order your meals online at:

mobilemeals.org/order

(Type mobilemeals.org/order in the address bar of your browser.)

After you submit your dinner selections, you'll receive an email with a summary of all the meals you have chosen. You will also get an email to remind you when the next menu is available.

Please call 419.255.7806 if you have any questions.



Option B: Salisbury Steak, Mashed Potatoes, and Carrots

Option C: Baked Chicken with Gravy, Rice, Green Beans, and Fruit Compote