

2024 ANNUAL REPORT

info@mobilemeals.org

419.255.7806

mobilemeals.org/donate

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mobilemeals

DELIVERING INDEPENDENCE

More than a Meal



Scan or visit mobilemeals.org/donate
to make a donation.





CEO's Letter

Hello everyone!

It's been a year since I accepted the role of CEO at **Mobile Meals of Toledo**, and I've been so appreciative of the warm welcome from the staff, the board of directors, and the entire community. I quickly came to realize how fortunate we are to have such a dedicated and compassionate group of volunteers and donors who have wholeheartedly supported this organization's mission for more than five decades.

Together, we have accomplished significant achievements in the past year, such as expanding our meal delivery services by 5,415 meals and supporting 400 more residents in 2023, providing a broader range of meal options, adding more congregate meal sites, and reaching even more older adults and individuals with medical needs.

Now, we have an exciting opportunity to expand our impact further and reach an even larger number of seniors in need. Over the next decade, our goal is to enhance access to under-served communities, offer a wider variety of meal options that cater to our clients' health and cultural requests, introduce programs to address social isolation and loneliness, and bolster our organization for long-term

sustainability. We are enthusiastic about the possibilities outlined in our new strategic plan and relying on the support of our volunteers and donors to bring this to fruition.

In 2025, our projected budget will surpass \$2,300,000 to uphold and enhance our current level of service. Looking ahead to 2030, we estimate this amount to exceed \$5,000,000. While these figures may seem substantial, we are fortunate to have a committed team of employees, a fiscally responsible board, exceptional volunteers, and generous donors backing our mission - like **YOU**. We are eager to embark on this journey and hope we can rely on your support.

If we have crossed paths previously, you are aware of my passion for discussing our endeavors and what makes Mobile Meals a vital resource for our community. Whether through a phone conversation or a tour of our facilities, I am always available to engage directly. For those interested in getting in touch, please contact our office, and I will personally follow up. **Let's collaborate to ensure the next 50+ years are even more impactful. Together, we will help our growing senior community lead healthy and independent lives.**

I hope you find this report informative and inspiring. I wish you a safe and happy holiday season.

Warm regards,
Alison Foreman, Mobile Meals of Toledo CEO

Create A Legacy

Help your neighbors in Toledo and surrounding areas today and in the future.

Gift planning can provide a wonderful way to support **Mobile Meals of Toledo's** mission, provide financial benefits for you and your family, and leave a lasting impact on homebound seniors, veterans, and disabled people in our community.

- Create your legacy by enabling us to continue providing home-delivered, nourishing meals to our homebound neighbors.
- Make a gift that costs nothing during your lifetime.
- Help your heirs in the future by eliminating or reducing estate and capital gains taxes.

Consider a Bequest or Gift of Retirement Assets.

Bequests: If you want to donate to Mobile Meals after your passing, you can leave us a charitable bequest in your will or living trust. This can help reduce federal estate taxes and state inheritance taxes, while also leaving a lasting legacy.

Gift of Retirement Assets: If you have retirement assets, you can designate all or a portion of them as a charitable bequest to Mobile Meals, which can reduce taxes and benefit our organization.

Mobile Meals of Toledo is a 501(c) (3) nonprofit. Any contributions are tax-deductible to the extent allowed by law.
Tax ID: 34-1019610 Contact Alison Foreman: 419-255-7806 | aforeman@mobilemeals.org

From Our Local Kitchen

The Mobile Meals kitchen is consistently working to enhance our menus and expand the offerings for our clients. This year, we added Meatless Mondays. This new addition to our regular low-sodium/low-fat menu gives our clients another option for healthier eating for those monitoring the amount of red meat in their diets.

“We have received positive feedback and actively seek ways to diversify our menu to cater to our client’s evolving preferences.”

~ Chef Linda

Along with this new offering, **Mobile Meals provides medically tailored menus created to meet the specific dietary needs of our clients with health conditions such as diabetes and renal issues and those requiring mechanical**



or pureed diets. These menus are essential for seniors and individuals who are medically vulnerable or living with chronic health conditions.

Mobile Meals has recently partnered with **Anne Grady Services** to assist individuals with developmental disabilities. Participants in this program receive specially prepared meals that are finely chopped to aid those who struggle with swallowing, a condition known as dysphagia. As many individuals with developmental disabilities age, swallowing challenges can become more significant,

necessitating this critical adjustment to their diet, making eating safer and more manageable. Paying particular attention to the texture and viscosity of the food is essential in ensuring they can safely enjoy their meals.

At Mobile Meals, we are committed to offering customized services that focus on health and overall wellness. We believe that everyone, regardless of their health conditions, should have access to delicious, nutritious meals that meet their dietary needs.



GreatNonprofits assists individuals in making informed giving decisions by utilizing community-sourced feedback. This approach leverages the collective experiences of Mobile Meals’ donors, volunteers, and clients to provide a clearer view of our actual impact.



Over the past six months, Mobile Meals has been there to help my family. The food is good, and the people are great. Thanks for all you do. Donation is in the mail!

Review by PattiN



Mobile Meals helped my mom after surgery and now helps my dad. The volunteers are what makes Mobile Meals especially remarkable. Thank you for your service on behalf of my sister and I.

Review by GrantV



Thank you for helping my mother stay in her home. We appreciate all the volunteers who make a big difference. I will share one story. My mother thought her cat got out, and the volunteer spent 30 minutes searching her fenced-in backyard. Turns out the cat was under the bed. The volunteer laughed it off and was so glad she found her cat. Thank you, Mobile Meals!

Review by platemaker2



I volunteered for Mobile Meals for two years during the pandemic. This organization held things together without an interruption of meal delivery. I moved in 2023 and now volunteer for Meals on Wheels in South Florida. They are both very special organizations.

Review by Domm-rita24



I got the service for my mother who lives alone on the east side of Toledo. She loves her volunteers who are very kind and sweet to my mom. They always ask if she needs anything and how she is doing. My mom enjoys the meals and appreciated the birthday cake they brought her for her 83 birthday. I highly recommend this service.

Review by MaggieF



Jim and Sir James

Special Delivery For Sir James

The Mobile Meals volunteer didn't spot Sir James immediately as she pulled up the driveway. But as she approached the sidewalk, his little head popped up, and he began jumping around excitedly as if he knew the volunteer was delivering something special - just for him. Sir James is a one-year-old Cavalier King Charles Spaniel and Jim's cherished companion.

Mobile Meals of Toledo has been able to deliver pet food to our clients monthly, a significant increase from the previous twice-a-year delivery. This change is particularly beneficial for those who face challenges accessing grocery stores or managing heavy bags of food, making a real difference in their lives.

We understand that pets are more than just animals; they are family. They offer love, comfort, and sometimes even protection. We are deeply grateful for the opportunity to support both our clients and their pets, helping them to live their best lives and strengthening their bond. **Mobile Meals would like to continue this monthly delivery of pet food in 2025, and we hope we can count on you to help make it possible.** Simply visit mobilemeals.org/donate or make a pet food purchase from our **Amazon Wish List**. Every donation, no matter how big or small, helps us ensure that these pets receive the attention they deserve. **Thank you for your support!**

"Sir James is quite a local celebrity; he travels with me and wins the hearts of everyone we meet."

Due to health issues and a tracheostomy, **Jim receives assistance from Mobile Meals of Toledo**. His home-delivered meals help Jim to remain independent in the comfort of his home alongside his beloved furry family member, Sir James. He's the true star in Jim's life.

This year, with the generous support of a **Petsmart Charities funded grant through Meals on Wheels America**,



Pam Feher and Nadia Kimbrough organizing pet food



A Special Thank You

Rob Davis has dedicated over 20 years of his career to supporting Mobile Meals. His involvement began alongside John Gauthier, when Gauthier Marketing generously provided graphic design services to Mobile Meals of Toledo. During the early 2000s, Rob served as the organization's graphic designer.



Rob Davis

Afterward, Rob transitioned into wealth management and has since been serving as a financial advisor at **Creative Financial Partners**, an active sponsor of Mobile Meals, since 2007.

Throughout his tenure, Rob has taken on various roles at Mobile Meals, from event co-chair to beer pourer at The Great Chili Cook-Off, and has been a two-term Board President. His unwavering dedication has made him a strong advocate for the organization. As his term comes to an end this year, his guidance and support will be missed.

We extend our heartfelt gratitude to Rob for generously contributing his time, resources, and expertise over the years. He leaves behind a lasting impact on our community.

Learn more about Creative Financial Partners:
creativefinancialpartnersllc.com

Thank You To Our \$2,500+ Supporters

33 For Charity
Mrs. Nancy Bingle
Bauman Ford Oregon
Buckeye Broadband
Creative Financial Partners
Dana Charitable Foundation
Mr. Rob Davis
Great Lakes Concrete Restoration Inc
Greater Toledo Community Foundation
Mr. Alastair Hoyt
John Henry Eldred Jr Foundation
Knight Insurance Group
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Kenneth Lovejoy
Marshall-Kloene Orthopedics
Medical Mutual
Ms. Amanda Milliron
Owens Corning
PBF Energy
The Anderson Fund Supporting Organization
The France Stone Foundation
The LaValley Foundation

BOARD OF DIRECTORS

Jennifer Riha, President
Bob Bethel, President Elect
Del Vath, VP of Operations
Kelly Kessler, VP of Development
John Kelly, Secretary
Charles Mira, Treasurer

AT-LARGE MEMBERS

Shelley Benore
Rob Davis
Meredith Decker
Beth Hamway
Wendi Huntley
Lisa Anderson
Erin Bajas
Alison Foreman, CEO

Upcoming Events

NOV _ JAN
21 2

SHARE THE LOVE EVENT
mobilemeals.org/events

For every new vehicle leased or sold at **Yark Subaru, Subaru of America** will donate to a charity like Mobile Meals of Toledo.

DEC
3

GIVINGTUESDAY
mobilemeals.org/givingtuesday

Yark Automotive Group has generously agreed to match all donations up to \$5,000. Please consider making a donation on or before **GivingTuesday**.

DEC
14, 15

SANTA CLAUS & PAWS
mobilemeals.org/events

Stop by Endless Pets and Supplies between 10:00 am and 2:00 pm. For only \$10, you can have a photo taken with Santa featuring your pets or children.

MAR
1

Toledo Walleye Night
bit.ly/MMwalleye

Join us for an exciting evening of hockey and support a great cause! On March 1, the **Toledo Walleye** will face off against the **Cincinnati Cyclones** at 7:15 pm.

We will sell raffle tickets on the concourse at the game to win an **autographed Walleye jersey**.

By attending this thrilling game, you will enjoy the on-ice action and contribute to the fantastic work of Mobile Meals of Toledo. Be there to cheer on your team and make a difference in the community. **Get your tickets today!**



GET YOUR TICKETS



MAR
14

PIES & PINTS
mobilemeals.org/events

Celebrate **Pi Day** at a one-of-a-kind event and enjoy a variety of pies (including pizza) and beers. Hosted at all three **Earnest Brew Works** locations. For sponsor and volunteer opportunities, contact jziolkowski@mobilemeals.org.

GIVING TUESDAY

December 3, 2024



Help us purchase the wheels
so we can deliver the meals
this GivingTuesday.

Matching Funds For GivingTuesday

We're inviting you to
be part of something
remarkable.

Yark Automotive Group is presenting an incredible opportunity: they have pledged to match all donations, dollar for dollar, up to \$5,000, for GivingTuesday! The funds raised will go towards acquiring a new delivery vehicle for Mobile Meals of Toledo.

Acquiring a larger and more dependable delivery vehicle will significantly enhance our ability to distribute a greater quantity of meals to the clients we serve in our community. Your current contribution will be matched dollar for dollar, maximizing your impact.

A \$25 donation becomes \$50. A \$100 donation transforms into \$200. Your \$500 gift will turn into \$1,000 to support our homebound seniors and enhance their quality of life.

Your support has a significant impact. Mobile Meals goes beyond providing meals; we also keep a watchful eye on our clients' health and well-being while working to minimize the effects of social isolation. In 2023, we provided 211,004 meals to more than 1,900 clients, made possible by the hard work of over 300 volunteers.

A new, reliable vehicle is crucial for us to carry out this important mission.



It's time to say good-bye
to our refrigerated truck
purchased in 2011

"Yark Automotive Group is committed to supporting our local community, and we're proud to team up with Mobile Meals this GivingTuesday,"

~ Emily Yark Reny, Community Relations Director at Yark

With your support, we can guarantee that our older neighbors receive the nutritious meals they deserve. It's a meaningful way to show your commitment to our senior community.

This year, we look for the financial support we depend on to continue

our mission. Would you consider donating by mail or online on or before GivingTuesday to take advantage of these matching funds? Thank you.

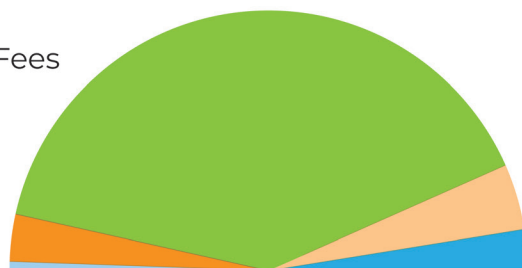
mobilemeals.org/donate
Learn More:
mobilemeals.org/givingtuesday

Financial Summary

Program Services and Meal Fees
\$1,528,586 - 80%

Grants
\$28,250 - 1%

Contributions
\$123,501 - 6%



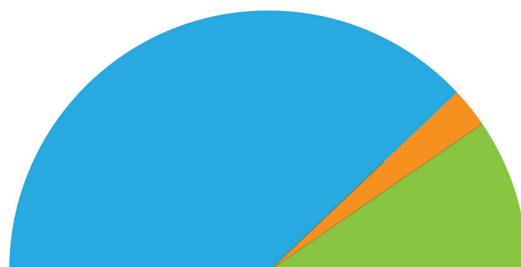
2023 - 2024 REVENUE*

Donated Service, In-Kind, and Other Revenue
\$145,557 - 8%

Fundraisers
\$86,945 - 5%

Program Services Expenses
\$1,992,944 - 76%

Management and General Expenses
\$406,195 - 19%



2023 - 2024 EXPENSES*

Fundraising Expenses
\$127,549 - 5%

Mobile Meals of Toledo fiscal year for 2024 is July 1, 2023 - June 30, 2024

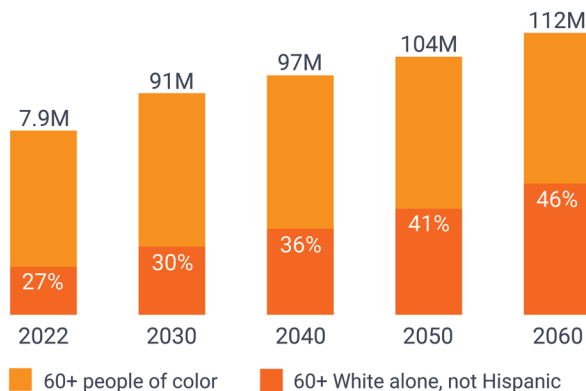
*pending final review and audit

Our Nation's Senior Population is Growing and Changing Rapidly.

THIS POPULATION IS SET TO REACH 91M BY 2030, WITH 112M EXPECTED BY 2060

– increasing the number of seniors today by nearly half

Older Americans of color will continue to make up an increasingly larger portion of this population.



1 IN 4 AMERICANS IS 60+ with 12,000 more turning 60 every day

1 IN 2 SENIORS LIVING ALONE
do not have the income to pay for basic needs



1 IN 3 ADULTS AGED 60+ FEEL LONELY

2024 ANNUAL REPORT

Platinum
Transparency
2024

Candid.



Together, We Can Deliver.

Helping people with
support from people
like **you**.

2200 Jefferson Ave, Toledo, OH 43604

419-255-7806

Website: mobilemeals.org

Donate: mobilemeals.org/donate

Sponsor a Delivery:
mobilemeals.org/deliverysponsorship

Email: info@mobilemeals.org

Event Sponsorship Opportunities:
jziolkowski@mobilemeals.org

Find us on:



81% of all clients receive a
reduced fee through our Meal
Client Assistance Program,
totaling \$482,749



Our kitchen prepared
211,004 home-delivered
and congregate meals



We served over
1,964 home-delivered
and congregate clients



Our Pet Food Delivery
Program provided almost
2,000 pounds of pet food



We spent over \$19,158
on fuel this past year