

2023 Community Report ANNUAL APPEAL



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mobilemeals.org

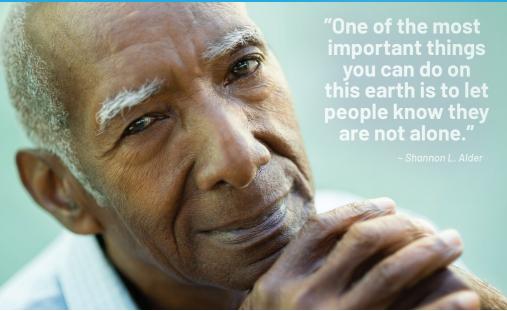
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Seniors who are food insecure are 65% more likely to be diabetic and suffer from conditions such as congestive heart failure, high blood pressure, asthma, obesity, gum disease, and mental health issues.

Among people living alone, those receiving home-delivered meals were significantly more likely to show improvement in feelings of social isolation over 15 weeks.





We Deliver Independence.

For many seniors and others in our community, there is no guarantee that they will be able to stay in the homes they treasure due to advanced age and other health concerns.

Mobile Meals of Toledo is vital in keeping people in our community healthy and independent.

People like Steven...

Steven from West Toledo fell into difficult times after retiring from his factory position. He had an accident that resulted in a fractured ankle, which made managing his diabetes even more challenging than it was before. He knew he needed help, so he turned to Mobile Meals.

"I used to do exercises recommended by my doctor to alleviate my diabetes symptoms, but after I fractured my left ankle, my overall health began to suffer," explained Steven. "Going to the grocery store and cooking was tough, so I called Mobile Meals."

Steven began receiving meals four years ago, and although he enjoys the meals, his favorite part of the program is getting to see and chat with the same loyal volunteer who has made his deliveries for almost three years.

Through continuous community support, Mobile Meals gives Steven and others like him the help they need to continue to age independently at home.

Visit **mobilemeals.org/donate** to make a donation.



From the Desk of Maureen Stevens

Executive Director of Mobile Meals

Dear Friends,

As you peruse this year's annual appeal/community report, you will see some of the excellent work that has gone on at Mobile Meals over the past year. Our dedicated team and valuable volunteers have continued our tradition of providing nutritious and tasty meals to our clients in their homes and those who visit Senior Centers, Inc. on Jefferson Avenue in Toledo.

Our kitchen is bustling with activity as they develop new and exciting entrées. If you step inside our kitchen, your nose will tell you something delicious is being prepared.

We have been out in the community, attending health fairs, community events, and speaking engagements to promote our services to our community. We welcome any invitation to educate people about our services.

And we fundraise. We continue to need our donors, now more than ever, to offer lower fees to those who need but cannot afford the total price of a meal. This past year, we provided \$149,261 in assistance to our clients. That's a lot of money to raise, but it is so worth the effort! Please help us raise the funds needed going into 2024 with your donations

and by attending our fundraising events. You can also help by asking your place of work to become a sponsor.

Only some people need financial help to pay for a meal, but thanks to you, I am very grateful that we can offer it when needed.

Have a Happy Thanksgiving!

Best, Maureen

P.S. As I write this letter, I am winding down my 26-year career at Mobile Meals of Toledo and will retire by year-end. I am grateful and humbled to have worked with this team, this Board of Directors, and our incredible and committed donors and volunteers. I have met many people who have done wonderful things for our community. I am proud to have nurtured an outstanding social service organization that makes the greater Toledo area a better place to live. Please welcome the next CEO as generously as you welcomed me.

An Open Letter to Maureen

Dear Maureen,

No words can express our gratitude for your leadership over the years. One of the greatest gifts someone can receive in life is a person who unconditionally supports them, celebrates their victories, and treats them with grace and humility. **You possess these characteristics and many more, which makes working with you at Mobile Meals a joy.**

During your tenure, you made an enormous difference in the lives of thousands of people. What a great feeling that must be. You never let us forget the real reason we work as hard as we do and the benefits of serving people in this community.

We know you will enjoy your well-deserved time off, spending time with family and friends and checking boxes on your bucket list. At year's end, when you leave Mobile Meals, please know that all the employees working here have already ticked one thing off all our bucket lists -- we had the pleasure of working with an extraordinary leader. You will always be part of Mobile Meals. Thank you for being a great boss and, more importantly, a true friend.

Our entire team encourages donations to Mobile Meals made in honor of our friend, Maureen Stevens.

Pan Sul Chies Cowers farm Jana Sunda Mattra Sharlene Moddie Rochelle The Kitchen Team

2



From Our Kitchen

"I am very proud of the kitchen team and their continued dedication to our mission."

Everyone in the kitchen does a fantastic job. I would especially like to thank our Kitchen Assistant Manager, Justina Filipovich. Justina has been an integral part of our success for over 18 years, and this year, she expanded her role to include Dietary Manager.

Our kitchen has worked over this past year to increase the food choices we offer our clients. We now provide daily non-meat and fish options and have created new and exciting fresh menu options, including homemade chef garden salads and side salads. We also added new homemade desserts, including cobblers, eclair cakes, and shortcakes. Our cooks ensure that our

special dietary menus are prepared daily with consistency and care, and we have expanded our outreach of these special menus to include service to Anne Grady Services Community Homes and Ypsilanti Meals on Wheels.

The kitchen continues to manage high food costs and supply chain issues. We have combatted some of these costs by reducing the pre-packaged items we use by baking our own cookies and homemade specialties. We also began making our puree dinners in-house, including many vegetables, sides, and desserts, significantly reducing operational costs by over 40% over previous spending. We know how to stretch a dollar!

We received fantastic feedback from participating in this year's **Sip**, **Sip**

HOORAY 2023! We served delicious fare to attendees and auctioned a dinner for six in our kitchen to a lucky bidder. It will undoubtedly be a memorable and unique dining experience for those involved.

The kitchen's primary goal is to exceed our client's needs and expectations while continuing to cut costs whenever possible. Donations to Mobile Meals play a prominent role in the success of our operation. It is truly a pleasure to serve this community, and we thank you for your support.

Regards,

Linda Paetz
Kitchen Director,
Mobile Meals of Toledo

GIWING TUESDAY

November 28, 2023



GivingTuesday inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

When you donate to Mobile Meals, you're supporting a local program that is **MORE THAN A MEAL**. Our volunteers make sure all our clients receive food, compassion, and care.

This year, we continue to look for the financial support we depend on to continue our mission. Would you consider donating to our nonprofit organization online or by mail on or before GivingTuesday? Thank you.

mobilemeals.org/donate

Thank You To Our Supporters

Anyone who donated before October 15, 2022 was acknowledged in last year's Community Report. Anyone who donated after October 15, 2023 will be acknowledged in our next year's Community Report. Our apologies for any omissions. Please call 419-255-7806 if you have any concerns.

General Donation

Ms. Yves Amboise

Ms. Constance Anderson

Ms. Jennifer Anglin

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United Way of Greater Cleveland

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· Select "Enroll"

affect your gas points.

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Mr. & Mrs. Dale Wiltse

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Ms. Leigh Jacobson - In Memory of Jerry Kowalski

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Sam Okun Produce Company - In Memory of Fred Okun

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2022 Annual Appeal

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Ms. Anita Antoniolli

Ms. Terry Austin

Ms. Brenda Breese-Rand - In Memory of Ginny Breese

Mr. Bruce Campbell

Ms. Doris Currie

Ms. Elaine M. Dennison

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Ms. Judi Fox

Mr. & Mrs. Darrell Gill

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Ms. Margaret Gragg

Ms. Tami Haas

Mr. & Mrs. Douglas Harmon

Mr. Hal Heidtman - In Memory of Carol A.

Mrs. Judith Helm - In Memory of Christopher Helm & Etta Sherman

Dr. & Mrs. David Hoover

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Ms. Darlene Larkin

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Ms. Julie McKinnon

Ms. Diana Minor - In Memory of Helen

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Ms. Jane Y. Murrell

Ms. Sharon L. Newton

You can support Mobile Meals every time you shop at Kroger using your Kroger Plus Shopper's Card.



Enrollment is simple and free.



- Under your name at the top, select "My **Account**" from the drop-down On the left-hand side, select "Community
- Rewards" Search by group number GC027 or the name Mobile Meals of Toledo, Inc.

Adding Mobile Meals to your Kroger Card won't



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Ms. Patricia Gaccione - In Memory of Wanda

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Mrs. Sarmela Damotheran - In Honor of Damotheran Madhavam Nair

Mr. & Mrs. Mark Feldstein Mrs. Andrea Flowers

Ms. Patricia Gaccione - In Memory of Herb

Mr. & Mrs. Fritz Gehring - In Memory of Alex Wlodkowski

Mrs. Jane Horn - In Honor of my husband Ms. Tracey Keaton-Dangler - In Memory of Terry Spross

Ms. Kelly Kessler - In Honor of Ken Kessler Ms. Deborah Krausz

Ms. Donna Kwik-LeFebvre - In Honor of Fred LeFebvre

Mr. Charles Linden Ms. Carmen Ortega

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GivingTuesday 2022

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Sip, Sip HOORAY 2022

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Sip, Sip HOORAY 2023

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Our Valuable Volunteers

Our volunteers ROCK! They ensure our clients receive their delivered meals with a smile and watchful eve. Our clients are constantly raving about how wonderful our volunteers are, and our volunteers appreciate the life connections they make with their meal deliveries. Seeing these rewarding interactions is definitely the best part of my job.

I can always depend on our caring group of volunteers. Often, they will fill in as a substitute driver if there is a last-minute cancellation or provide a volunteer needs to attend a family function or go on vacation. Having another volunteer ready to step in makes all the difference.

We held our Night at the Movies Volunteer Appreciation Event this past summer. On June 8th, we gathered at the Maumee Theater for prizes, popcorn, friends, and a good movie.

"Our clients are constantly raving about how wonderful our volunteers are, and our volunteers appreciate the life connections they make with their meal deliveries."

extra coverage on a delivery route when

It was fun to socialize and entertain our group of volunteers in attendance. We hope that everyone enjoyed the evening.

This year, we added a pet food delivery in July. Many volunteers jumped on board to deliver pet food (sometimes quite heavy) to about forty clients. From the feedback we received, we know our clients and their furry family members were thankful for the additional food. One of our volunteers even applied for a grant to help cover the cost of the pet food through her insurance. How great is that?

Here's to another year of great volunteers providing our Mobile Meals clients with the best service. Whether you deliver meals, assist in our office, help package meals in the kitchen, sort pet food, or make weekly wellness calls, thank you so much for sharing your time, talents, and resources to improve the lives of every Mobile Meals client. We couldn't do this work without you!

Please visit our website if you want to join our family of volunteers. Thank you for your support.

Sincerely,

Rochelle Rodgers Volunteer Coordinator. Mobile Meals of Toledo



A Volunteer Story

During my decade volunteering with Mobile Meals of Toledo, I have been so impressed by this busy charity's excellent organization and focus. Creativity shows in every aspect, from varied and appealing menus to good-humored interactions with staff and outstanding fundraising projects.

Mobile Meals manages its big corps of volunteers capably, showing the longevity of volunteer commitment and their willingness to do just one more thing to achieve a goal.

I have volunteered for many non-profits over the last 30 years, and I've never been involved with a better-staffed and organized operation.

Review by sallyval43 · GreatNonProfits Website





We served over 2,129 home-delivered and congregate clients



Our kitchen prepared 212,845 home-delivered and congregate meals



68% of private-pay clients payed a reduced fee through our Meal Client Assistance Program



We provided clients with \$149,261 in meal assistance



Through our Pet Food Delivery Program volunteers made over 90 deliveries



We spent over \$18,990 on fuel this past year

Visit **mobilemeals.org/donate** to make a donation.

Honoring All Moms and Dads in 2023

A Special Mother's Day and Father's Day Fundraiser.

This year, we launched Meals for Mom and Dinners for Dad to help raise money and awareness for our Home-delivered Meal Program. Your generous donations sponsored a special dinner, heartfelt message, and dessert for the many moms and dads we serve, some of whom did not have family and friends to help celebrate their special day. It was a perfect way for everyone to honor the moms and dads in their lives, hearts, and our community.

We raised over \$8,500 and, at the same time, brightened the lives of many moms and dads in our community.

Mobile Meals would like to thank everyone who supported this campaign and Buckeye Broadband, Blessings in Disguise, and Lamar Advertising for sponsoring this fundraiser. We are blessed to have such incredible community partners.

Sponsor Spotlight

Mobile Meals treasures ALL our corporate relationships. Buckeye Broadband knows the importance of community by supporting nonprofit organizations that make a difference.

Buckeye Broadband, a local technology and digital media company, has invested in our community for over 55 years. We strive to help make communities we serve a healthy, thriving place to live for our customers, employees, and neighbors.

Buckeye's philanthropy focuses heavily on education, economic development, health and human services, and the arts in our area. Beyond that, we work to bring accessibility, diversity and inclusion, and investment in local youth to the forefront of our philanthropic efforts.

Our obligation to customers extends beyond providing topof-line products and services. **Mobile Meals of Toledo is an excellent example of that difference being made.** Their commitment to serving the nutritional needs of our neighbors is a local mission that we are proud to support financially through in-kind giving and our employee volunteerism program. We understand the great need in our community, and we will continue to stand by our Mobile Meals partner as they provide these crucial services.

We endeavor to be the company our customers and community turn to first to connect them to all they hold important.

Kimberly Finch
Buckeye Broadband
Community Engagement & Events Manager



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2023 Community Report ANNUAL APPEAL





We Make Deliveries That Make a Difference.

Helping people with support from people like you.

2200 Jefferson Ave **Toledo, OH 43604** 419-255-7806

Website: mobilemeals.org

Donate: mobilemeals.org/donate

Sponsor a Delivery: mobilemeals.org/deliverysponsorship

Email: info@mobilemeals.org

Find us on:







1 in 5 food-insecure households include an older adult ≥ 65 years old











SOURCE: U.S. Department of Agriculture