

Client Full Name: _____



mobilemeals

We are excited to offer the next 6 weeks menu for Mobile Meals' clients!

Please write the client's name at the top of this menu (without this information your choices will not be able to be honored). The entrée listed for each day is the default meal for that day. If you would like something other than the default, please choose from our alternative menu options below and enter in the corresponding letter (A, B, C) next to the day you wish to receive that meal. If no letter is entered next to any given day, the default meal will be sent automatically. **Please return completed menu to driver/volunteer as soon as possible.**

PLEASE NOTE: Menus will be adjusted to accommodate special diets. Meals subject to change due to availability and/or circumstances beyond our control. Menu choices are not available to Paramount members.

ALTERNATE MEAL OPTIONS:

A – Artisan Macaroni & Cheese, Carrots and Peas

B – Salisbury Steak, Mashed Potatoes and Carrots

C – Baked Chicken with Gravy, Rice, Green Beans and Fruit Compote

Week of SEPTEMBER 20, 2021 – SEPTEMBER 24, 2021

___ *Monday* – Salisbury Steak, Normandy Blend Vegetables and Peas

___ *Tuesday* – Pork & Noodle Casserole, Lima Beans and Carrots

___ *Wednesday* – Vegetable Lasagna, Winter Blend Vegetables and Green Beans

___ *Thursday* – Turkey Unstuffed Peppers, Carrots and Peas

___ *Friday* – Teriyaki Meatballs, Rice, Oriental Blend Vegetables and Corn

Week of SEPTEMBER 27, 2021 – OCTOBER 1, 2021

___ *Monday* – Chicken a la King with Biscuit, Kyoto Blend Vegetables and Wax Beans

___ *Tuesday* – Salsa Pork, Mexican Rice, Corn Black Bean Blend Vegetables and Peas

___ *Wednesday* – Chicken Cavatappi Casserole, Spinach and Capri Blend Vegetables

___ *Thursday* – Meatloaf with Gravy, Mashed Red Skin Potatoes and Green Beans

___ *Friday* – Chicken Breast, Sweet Potato Apple Bake and Peas & Carrots

Questions? Need Ingredient Information? Please visit mobilemeals.org or call 419.255.7806.

Please visit mobilemeals.org/order to fill out your menu choices online.

ALTERNATE MEAL OPTIONS:

A – Artisan Macaroni & Cheese, Carrots and Peas

B – Salisbury Steak, Mashed Potatoes and Carrots

C – Baked Chicken with Gravy, Rice, Green Beans and Fruit Compote

Week of **OCTOBER 4, 2021 – OCTOBER 8, 2021**

___ *Monday* – Chili Mac, Malibu Blend Vegetables and Corn

___ *Tuesday* – Bourbon Chicken, Whipped Sweet Potatoes and Turnip Greens

___ *Wednesday* – BBQ Beef Sandwich, Cheese Potatoes and Baked Beans

___ *Thursday* – Cheesy Turkey Casserole, Succotash and Carrots

___ *Friday* – Zesty Beef Pot Roast, Mashed Potatoes and California Blend Vegetables

Week of **OCTOBER 11, 2021 – OCTOBER 15, 2021**

___ *Monday* – Sweet & Sour Pork Chop, Rice, Cauliflower and Peas

___ *Tuesday* – Chicken Fettuccini Alfredo, Hubbard Squash and Capri Blend Vegetables

___ *Wednesday* – Cabbage Roll, Mashed Potatoes and Carrots

___ *Thursday* – Beef Burgundy, Mashed Red Skin Potatoes and Mixed Vegetables

___ *Friday* – Golden BBQ Chicken, Shell Macaroni, Winter Blend Vegetables and Carrots

Week of **OCTOBER 18, 2021 – OCTOBER 22, 2021**

___ *Monday* – Swedish Meatballs, Noodles, Scandinavian Blend Vegetables and Fruit Compote

___ *Tuesday* – Dijon Chicken Breast, Paprika Potatoes and Broccoli

___ *Wednesday* – Beef Cutlet with Mushroom Gravy, Rice, Peas and Carrots

___ *Thursday* – Spaghetti with Meat Sauce, Italian Vegetables and Green Beans

___ *Friday* – Bourbon Pork Chop, Mashed Potatoes and Brussel Sprouts

Week of **OCTOBER 25, 2021 – OCTOBER 29, 2021**

___ *Monday* – Goulash, Green Beans and Malibu Blend Vegetables

___ *Tuesday* – Fiesta Chicken Casserole, Capri Blend Vegetables and Peas

___ *Wednesday* – Broccoli and Cheese Stuffed Chicken, Wild Rice, Mixed Vegetables and Carrots

___ *Thursday* – Turkey Pot Roast, Herb Mashed Potatoes and Green Bean Casserole

___ *Friday* – Meatloaf with Gravy, Scalloped Potatoes and Corn O'Brien

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