

Check or circle ONE option for each day. If no option is selected, you will receive option A for that day. Return completed menu to your delivery driver as soon as possible OR online at www.mobilemeals.org. Call our office at 419.255.7806 with questions. Thank you.

WEEK 1		Tuesday 9/24/2019		Wednesday 9/25/2019		Thursday 9/26/2019		Friday 9/27/2019	
Monday 9/23/2019									
<input type="checkbox"/>	A Homestyle Veal Succotash Green Beans	<input type="checkbox"/>	A Pork Chop w/ Gravy & Rice Broccoli Carrots	<input type="checkbox"/>	A Beef Cutlet w/ Gravy Mashed Potatoes California Blend	<input type="checkbox"/>	A Swedish Meatballs w/ Sauce Egg Noodles Green Beans Wax Beans	<input type="checkbox"/>	A Glazed Chicken Breast w/ Sauce Italian Pasta Veggie Blend Zucchini
<input type="checkbox"/>	B Macaroni & Beef Casserole Succotash Green Beans	<input type="checkbox"/>	B Garden Chicken Rice Broccoli Carrots	<input type="checkbox"/>	B Macaroni & Cheese California Blend Green Beans	<input type="checkbox"/>	B Chicken w/ Gravy Green Beans Wax Beans	<input type="checkbox"/>	B Salisbury Steak w/ Gravy Mashed Sweet Potato Zucchini
WEEK 2		Tuesday 10/1/2019		Wednesday 10/2/2019		Thursday 10/3/2019		Friday 10/4/2019	
Monday 9/30/2019									
<input type="checkbox"/>	A Baked Pork Cutlet w/ Gravy Rice Pilaf Harvard Beets	<input type="checkbox"/>	A Swiss Steak w/ Gravy Mashed Potatoes Scandinavian Blend	<input type="checkbox"/>	A BBQ Chicken Red Potatoes Mixed Vegetables	<input type="checkbox"/>	A Salisbury Steak w/ Gravy Cheese Potatoes Dilled Carrots	<input type="checkbox"/>	A Turkey Noodle Casserole Malibu Blend Corn
<input type="checkbox"/>	B Sweet Sour Meatballs Rice Pilaf Harvard Beets	<input type="checkbox"/>	B Herb Baked Chicken Mashed Potatoes Scandinavian Blend	<input type="checkbox"/>	B Macaroni & Cheese Winter Blend Veggies Mixed Vegetables	<input type="checkbox"/>	B Roasted Vegetable Lasagna Italian Green Beans Dilled Carrots	<input type="checkbox"/>	B Cabbage Roll w/ Sauce Malibu Blend Corn



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WEEK 3		WEEK 3		WEEK 3		WEEK 3		WEEK 3	
Monday 10/7/2019		Tuesday 10/8/2019		Wednesday 10/9/2019		Thursday 10/10/2019		Friday 10/11/2019	
<input type="checkbox"/>	A Pork Cutlet w/ Gravy Sweet Potatoes Broccoli	<input type="checkbox"/>	A Smothered Chicken Garlic Mashed Potatoes Capri Blend Vegetables	<input type="checkbox"/>	A Turkey Unstuffed Peppers Zucchini Peas & Carrots	<input type="checkbox"/>	A Aloha Pineapple Chicken Rice Casserole Mixed Vegetables Yellow Squash	<input type="checkbox"/>	A Chicken Parmesan Shell Pasta w/ Sauce Italian Blend Vegetables
<input type="checkbox"/>	B Bourbon Beef Pot Roast Sweet Potatoes Broccoli	<input type="checkbox"/>	B Salisbury Steak Garlic Mashed Potatoes Capri Blend	<input type="checkbox"/>	B Macaroni & Cheese Zucchini Peas & Carrots	<input type="checkbox"/>	B Steak Burger w/ Mushroom Gravy Mixed Vegetables Yellow Squash	<input type="checkbox"/>	B Beef Pot Roast w/ Gravy Italian Blend Vegetables
WEEK 4		WEEK 4		WEEK 4		WEEK 4		WEEK 4	
Monday 10/14/2019		Tuesday 10/15/2019		Wednesday 10/16/2019		Thursday 10/17/2019		Friday 10/18/2019	
<input type="checkbox"/>	A Baked Chicken Corn Asian Blend	<input type="checkbox"/>	A Pot Roast w/ Gravy Mashed Redskins Scandinavian Blend	<input type="checkbox"/>	A Pepper Steak, Rice Carrots Peas	<input type="checkbox"/>	A Chicken Breast Mashed Potatoes Oriental Blend Vegetables	<input type="checkbox"/>	A Meatloaf Cheese Potatoes California Blend
<input type="checkbox"/>	B Baked Veal Corn Asian Blend	<input type="checkbox"/>	B Chicken Cordon Bleu Mashed Redskins Scandinavian Blend	<input type="checkbox"/>	B Baked Chicken, Rice Carrots Peas	<input type="checkbox"/>	B Salisbury Steak w/ Gravy Mashed Potato Oriental Blend Vegetables	<input type="checkbox"/>	Breaded Pollock Green Pea Blend Carrots Note: This is a TRADITION'S FROZEN entree



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WEEK 5		Tuesday 10/22/2019		Wednesday 10/23/2019		Thursday 10/24/2019		Friday 10/25/2019	
Monday 10/21/2019									
<input type="checkbox"/>	A Spaghetti & Meatballs Italian Green Beans Carrots	<input type="checkbox"/>	A Baked Pork w/ Onions & Gravy Mashed Potatoes Cabbage	<input type="checkbox"/>	A Veal Cutlet w/ Gravy Smashed Redskins Scandinavian Blend	<input type="checkbox"/>	A Zesty Pot Roast, Rice California Blend Corn	<input type="checkbox"/>	A Meatloaf Mashed Potatoes Peas
<input type="checkbox"/>	B Sweet & Sour Chicken Italian Green Beans Carrots	<input type="checkbox"/>	B Hamburger Mashed Potatoes Cabbage	<input type="checkbox"/>	B Vegetable Lasagna Scandinavian Blend Yellow Squash	<input type="checkbox"/>	B Garden Chicken, Rice California Blend Corn	<input type="checkbox"/>	B Salisbury Steak Mashed Potatoes Peas
WEEK 6		Tuesday 10/29/2019		Wednesday 10/30/2019		Thursday 10/31/2019		Friday 11/1/2019	
Monday 10/28/2019									
<input type="checkbox"/>	A Beef Stew Carrots Peas	<input type="checkbox"/>	A Teriyaki Meatballs, Rice Oriental Blend Veggies Yellow Squash	<input type="checkbox"/>	A Pork Burger Supreme Baked Potato Peas & Carrots	<input type="checkbox"/>	A Bourbon Pot Roast Mashed Potatoes Carrots	<input type="checkbox"/>	A Italian Meatloaf Italian Blend Vegetables Corn
<input type="checkbox"/>	B Turkey Tetrazzini Carrots Peas	<input type="checkbox"/>	B Garden Chicken Oriental Blend Veggies Yellow Squash	<input type="checkbox"/>	B Salisbury Steak Baked Potato Peas & Carrots	<input type="checkbox"/>	B Breaded Pollock Green Pea Blend Carrots Note: This is a TRADITION'S FROZEN entree	<input type="checkbox"/>	B Chicken Lasagna Italian Green Beans Yellow Squash



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WEEK 1		Tuesday 11/5/2019		Wednesday 11/6/2019		Thursday 11/7/2019		Friday 11/8/2019	
Monday 11/4/2019									
<input type="checkbox"/>	A Homestyle Veal Succotash Green Beans	<input type="checkbox"/>	A Pork Chop w/ Gravy & Rice Broccoli Carrots	<input type="checkbox"/>	A Beef Cutlet w/ Gravy Mashed Potatoes California Blend	<input type="checkbox"/>	A Swedish Meatballs w/ Sauce Egg Noodles Green Beans Wax Beans	<input type="checkbox"/>	A Glazed Chicken Breast w/ Sauce Italian Pasta Veggie Blend Zucchini
<input type="checkbox"/>	B Macaroni & Beef Casserole Succotash Green Beans	<input type="checkbox"/>	B Garden Chicken Rice Broccoli Carrots	<input type="checkbox"/>	B Macaroni & Cheese California Blend Green Beans	<input type="checkbox"/>	B Chicken w/ Gravy Green Beans Wax Beans	<input type="checkbox"/>	B Salisbury Steak w/ Gravy Mashed Sweet Potato Zucchini
WEEK 2		Tuesday 11/12/2019		Wednesday 11/13/2019		Thursday 11/14/2019		Friday 11/15/2019	
Monday 11/11/2019									
<input type="checkbox"/>	A Baked Pork Cutlet w/ Gravy Rice Pilaf Harvard Beets	<input type="checkbox"/>	A Swiss Steak w/ Gravy Mashed Potatoes Scandinavian Blend	<input type="checkbox"/>	A BBQ Chicken Red Potatoes Mixed Vegetables	<input type="checkbox"/>	A Salisbury Steak w/ Gravy Cheese Potatoes Dilled Carrots	<input type="checkbox"/>	A Turkey Noodle Casserole Malibu Blend Corn
<input type="checkbox"/>	B Sweet Sour Meatballs Rice Pilaf Harvard Beets	<input type="checkbox"/>	B Herb Baked Chicken Mashed Potatoes Scandinavian Blend	<input type="checkbox"/>	B Macaroni & Cheese Winter Blend Veggies Mixed Vegetables	<input type="checkbox"/>	B Roasted Vegetable Lasagna Italian Green Beans Dilled Carrots	<input type="checkbox"/>	B Cabbage Roll w/ Sauce Malibu Blend Corn



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WEEK 3 Monday 11/18/2019		Tuesday 11/19/2019		Wednesday 11/20/2019		Thursday 11/21/2019		Friday 11/22/2019	
<input type="checkbox"/>	A Pork Cutlet w/ Gravy Sweet Potatoes Broccoli	<input type="checkbox"/>	A Smothered Chicken Garlic Mashed Potatoes Capri Blend Vegetables	<input type="checkbox"/>	A Turkey Unstuffed Peppers Zucchini Peas & Carrots	<input type="checkbox"/>	A Aloha Pineapple Chicken Rice Casserole Mixed Vegetables Yellow Squash	<input type="checkbox"/>	A Chicken Parmesan Shell Pasta w/ Sauce Italian Blend Vegetables
<input type="checkbox"/>	B Bourbon Beef Pot Roast Sweet Potatoes Broccoli	<input type="checkbox"/>	B Salisbury Steak Garlic Mashed Potatoes Capri Blend	<input type="checkbox"/>	B Macaroni & Cheese Zucchini Peas & Carrots	<input type="checkbox"/>	B Steak Burger w/ Mushroom Gravy Mixed Vegetables Yellow Squash	<input type="checkbox"/>	B Beef Pot Roast w/ Gravy Italian Blend Vegetables
WEEK 4 Monday 11/25/2019		Tuesday 11/26/2019		Wednesday 11/27/2019		THANKSGIVING DAY Thursday 11/28/2019		Friday 11/29/2019	
NO CHOICE OPTION AVAILABLE DUE TO HOLIDAY		NO CHOICE OPTION AVAILABLE DUE TO HOLIDAY		NO CHOICE OPTION AVAILABLE DUE TO HOLIDAY		*OFFICE CLOSED* NO CHOICE OPTION AVAILABLE DUE TO HOLIDAY		*OFFICE CLOSED* NO CHOICE OPTION AVAILABLE DUE TO HOLIDAY	
Baked Chicken Corn Asian Blend Veggies		Salisbury Steak w/ Gravy Mashed Redskins Scandinavian Blend Veggies		Pepper Steak Carrots Peas		Turkey, Stuffing w/ Gravy Mashed Sweet Potatoes Green Bean Casserole Pumpkin Dessert		Meatloaf Roasted Potatoes California Blend Veggies	



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WEEK 5		WEEK 6	
Monday 12/2/2019	Tuesday 12/3/2019	Monday 12/9/2019	Tuesday 12/10/2019
NO CHOICE OPTION AVAILABLE DUE TO HOLIDAY	NO CHOICE OPTION AVAILABLE DUE TO HOLIDAY	<input type="checkbox"/> A Beef Stew Carrots Peas	<input type="checkbox"/> A Teriyaki Meatballs, Rice Oriental Blend Veggies Yellow Squash
Sweet & Sour Chicken Italian Green Beans Carrots	Beef Stew Mashed Potatoes Carrots	<input type="checkbox"/> B Turkey Tetrizzini Carrots Peas	<input type="checkbox"/> B Garden Chicken Oriental Blend Veggies Yellow Squash
Wednesday 12/4/2019	Thursday 12/5/2019	Wednesday 12/11/2019	Thursday 12/12/2019
<input type="checkbox"/> A Veal Cutlet w/ Gravy Smashed Redskins Scandinavian Blend	<input type="checkbox"/> A Zesty Pot Roast, Rice California Blend Corn	<input type="checkbox"/> A Pork Burger Supreme Baked Potato Peas & Carrots	<input type="checkbox"/> A Bourbon Pot Roast Mashed Potatoes Carrots
<input type="checkbox"/> B Vegetable Lasagna Scandinavian Blend Yellow Squash	<input type="checkbox"/> B Garden Chicken, Rice California Blend Corn	<input type="checkbox"/> B Salisbury Steak Baked Potato Peas & Carrots	<input type="checkbox"/> B Breaded Pollock Green Pea Blend Carrots Note: This is a TRADITION'S FROZEN entree
Friday 12/6/2019	Friday 12/13/2019		
<input type="checkbox"/> A Meatloaf Mashed Potatoes Peas	<input type="checkbox"/> B Salisbury Steak Mashed Potatoes Peas		
		<input type="checkbox"/> A Italian Meatloaf Italian Blend Vegetables Corn	<input type="checkbox"/> B Chicken Lasagna Italian Green Beans Yellow Squash

