

Check or circle **ONE** option for each day. If no option is selected, you will receive option A for that day. Return completed menu to your delivery driver as soon as possible OR complete online at www.mobilemeals.org. Call our office at 419.255.7806 with questions. Thank you.

WEEK 1		Tuesday 4/9/2019		Wednesday 4/10/2019		Thursday 4/11/2019		Friday 4/12/2019	
Monday 4/8/2019									
<input type="checkbox"/> L	Buffalo Chicken Sandwich Peas Capri Blend	<input type="checkbox"/> L	Harvest Turkey Salad Lettuce & Tomato Fresh Fruit	<input type="checkbox"/> L	Zesty Egg Salad on Croissant Lettuce, Tomatoes Bean Medley	<input type="checkbox"/> L	Chicken Chef Salad w/ Swiss, Egg, Tomato Dressing	<input type="checkbox"/> L	BBQ Hamburger w/ Cheese, Carrots Roasted Potatoes
<input type="checkbox"/> A	Goulash Succotash Snap Peas	<input type="checkbox"/> A	Mexican Pork Chop Rice, Corn Carrots	<input type="checkbox"/> A	Beef Cutlet w/ Gravy Sour Cream & Chive Mashed Potatoes California Blend Veggies	<input type="checkbox"/> A	Swedish Meatballs, Noodles Green Beans Wax Beans	<input type="checkbox"/> A	Bourbon Chicken Breast Mashed Sweet Potato Zucchini
<input type="checkbox"/> B	Homestyle Veal Succotash Snap Peas	<input type="checkbox"/> B	Garden Chicken Rice, Corn Carrots	<input type="checkbox"/> B	Macaroni & Cheese California Blend Veggies	<input type="checkbox"/> B	Chicken & Gravy Green Beans Wax Beans	<input type="checkbox"/> B	Salisbury Steak Mashed Sweet Potato Zucchini
WEEK 2		Tuesday 4/16/2019		Wednesday 4/17/2019		Thursday 4/18/2019		Friday 4/19/2019	
Monday 4/15/2019									
<input type="checkbox"/> L	Chicken Noodle Cass. Carrots Peas	<input type="checkbox"/> L	Ham, Swiss Cheese Lettuce, Tomato Fruit Cocktail	<input type="checkbox"/> L	Turkey w/ cheese Lettuce, Tomato, Coleslaw	<input type="checkbox"/> L	Chicken Salad Lettuce, Tomatoes Mediterranean Salad	<input type="checkbox"/> L	Macaroni & Cheese California Blend Veggies
<input type="checkbox"/> A	Sweet Sour Meatballs Rice Pilaf Winter Blend Veggies	<input type="checkbox"/> A	Swiss Steak Mashed Potatoes Scandinavian Blend	<input type="checkbox"/> A	BBQ Chicken Red Potatoes Mixed Vegetables	<input type="checkbox"/> A	Meatloaf Scalloped Potatoes Dilled Carrots	<input type="checkbox"/> A	Salsa Chicken Breast Rice Corn Green Beans
<input type="checkbox"/> B	Baked Pork Chop Rice Pilaf Winter Blend Vegetables	<input type="checkbox"/> B	Herb Baked Chicken Mashed Potatoes Scandinavian Blend	<input type="checkbox"/> B	Salisbury Steak Red Potatoes Mixed Vegetables	<input type="checkbox"/> B	Chicken & Gravy Scalloped Potatoes Dilled Carrots	<input type="checkbox"/> B	Salisbury Steak w/ Gravy Corn Green Beans

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WEEK 3		Tuesday 4/23/2019		Wednesday 4/24/2019		Thursday 4/25/2019		Friday 4/26/2019	
Monday 4/22/2019		Tuesday 4/23/2019		Wednesday 4/24/2019		Thursday 4/25/2019		Friday 4/26/2019	
<input type="checkbox"/> L	Macaroni & Beef Carrots Green Beans	<input type="checkbox"/> L	Turkey, Swiss Cheese Lettuce, Tomato Fresh Fruit	<input type="checkbox"/> L	Ham Salad Lettuce, Tomatoes Coleslaw	<input type="checkbox"/> L	Egg Salad on Croissant Lettuce, Tomatoes Fruit Cup	<input type="checkbox"/> L	Meatloaf Sandwich Roasted Potatoes Wax Beans
<input type="checkbox"/> A	Pork Cutlet w/ Gravy Sweet Potatoes Broccoli	<input type="checkbox"/> A	Smothered Chicken Garlic Mashed Potatoes Capri Blend Vegetables	<input type="checkbox"/> A	Turkey Unstuffed Peppers, Zucchini Peas & Carrots	<input type="checkbox"/> A	Chicken Broccoli Casserole Mixed Vegetables Yellow Squash	<input type="checkbox"/> A	Chicken Parmesan Shell Pasta w/ Sauce Italian Blend Vegetables
<input type="checkbox"/> B	Bourbon Beef Pot Roast Sweet Potatoes Broccoli	<input type="checkbox"/> B	Salisbury Steak Garlic Mashed Potatoes Capri Blend	<input type="checkbox"/> B	Macaroni & Cheese Zucchini Peas & Carrots	<input type="checkbox"/> B	Pizza Hamburger Mixed Vegetables Yellow Squash	<input type="checkbox"/> B	Beef Pot Roast w/ Gravy Italian Blend Vegetables
WEEK 4		Tuesday 4/30/2019		Wednesday 5/1/2019		Thursday 5/2/2019		Friday 5/3/2019	
Monday 4/29/2019		Tuesday 4/30/2019		Wednesday 5/1/2019		Thursday 5/2/2019		Friday 5/3/2019	
<input type="checkbox"/> L	Chili Wax Beans Peas	<input type="checkbox"/> L	Turkey, Cheese Lettuce & Tomato Coleslaw	<input type="checkbox"/> L	Chef Salad w/ Chicken, Cheese, Egg & Tomatoes	<input type="checkbox"/> L	Ham & Cheese Lettuce, Tomato Fruited Gelatin	<input type="checkbox"/> L	Chicken Lasagna Snap Peas Mixed Vegetables
<input type="checkbox"/> A	Baked Chicken Sweet Potato Normandy Blend	<input type="checkbox"/> A	Pot Roast w/ Gravy Smashed Redskins Scandinavian Blend	<input type="checkbox"/> A	Pepper Steak, Rice Carrots Peas	<input type="checkbox"/> A	Baked Chicken Breast Mashed Potatoes Oriental Blend Vegetables	<input type="checkbox"/> A	Meatloaf Cheese Potatoes California Blend
<input type="checkbox"/> B	Baked Veal Sweet Potato Normandy Blend	<input type="checkbox"/> B	Chicken Cordon Bleu Smashed Redskins Scandinavian Blend	<input type="checkbox"/> B	Baked Chicken, Rice Carrots Peas	<input type="checkbox"/> B	Salisbury Steak w/ Gravy Mashed Potato Oriental Blend Vegetables	<input type="checkbox"/> B	Breaded Pollock Green Pea Blend Carrots Note: This is a TRADITION'S FROZEN entree

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WEEK 5		Tuesday 5/7/2019		Wednesday 5/8/2019		Thursday 5/9/2019		Friday 5/10/2019	
Monday 5/6/2019		Tuesday 5/7/2019		Wednesday 5/8/2019		Thursday 5/9/2019		Friday 5/10/2019	
<input type="checkbox"/> L	Turkey Burger w/ Pepper Gravy Roasted Sweet Potatoes Peas	<input type="checkbox"/> L	Turkey, Cheese, Lettuce, Tomato Bean Medley	<input type="checkbox"/> L	Chicken Salad on Croissant Lettuce, Pears Coleslaw	<input type="checkbox"/> L	Chef Salad w/ Ham, Cheese, Egg, Tomato & Dressing	<input type="checkbox"/> L	Macaroni & Cheese Green Beans Zucchini
<input type="checkbox"/> A	Spaghetti & Meatballs Italian Green Beans Carrots	<input type="checkbox"/> A	Baked Pork w/ Onions & Gravy Mashed Potatoes Cabbage	<input type="checkbox"/> A	Veal Cutlet w/ Gravy Smashed Redskins Scandinavian Blend	<input type="checkbox"/> A	Zesty Pot Roast, Rice California Blend Corn	<input type="checkbox"/> A	Meatloaf Mashed Potatoes Peas
<input type="checkbox"/> B	Sweet & Sour Chicken Italian Green Beans Carrots	<input type="checkbox"/> B	Hamburger Mashed Potatoes Cabbage	<input type="checkbox"/> B	Vegetable Lasagna Scandinavian Blend Yellow Squash	<input type="checkbox"/> B	Garden Chicken, Rice California Blend Corn	<input type="checkbox"/> B	Salisbury Steak Mashed Potatoes Peas
WEEK 6		Tuesday 5/14/2019		Wednesday 5/15/2019		Thursday 5/16/2019		Friday 5/17/2019	
Monday 5/13/2019		Tuesday 5/14/2019		Wednesday 5/15/2019		Thursday 5/16/2019		Friday 5/17/2019	
<input type="checkbox"/> L	Sloppy Joe Sandwich Garden Vegetable Pasta Green Beans	<input type="checkbox"/> L	Turkey, Cheese, Lettuce & Tomato Hawaiian Fruit Salad	<input type="checkbox"/> L	Egg Salad, Roll Lettuce, Tomatoes Cucumber Salad	<input type="checkbox"/> L	Harvest Chicken Salad Lettuce, Tomatoes Fruit Salad	<input type="checkbox"/> L	Chicken Breast Sandwich Roasted Potatoes Peas & Carrots
<input type="checkbox"/> A	Beef Stew Carrots Peas	<input type="checkbox"/> A	Teriyaki Meatballs, Rice Oriental Blend Veggies Yellow Squash	<input type="checkbox"/> A	Pork Burger Supreme Baked Potato Peas & Carrots	<input type="checkbox"/> A	Bourbon Pot Roast Mashed Potatoes Carrots	<input type="checkbox"/> A	Italian Hamburg Italian Green Beans Yellow Squash
<input type="checkbox"/> B	Turkey Tetrazzini Carrots Peas	<input type="checkbox"/> B	Garden Chicken Oriental Blend Veggies Yellow Squash	<input type="checkbox"/> B	Salisbury Steak Baked Potato Peas & Carrots	<input type="checkbox"/> B	Breaded Pollock Green Pea Blend Carrots Note: This is a TRADITION'S FROZEN entree	<input type="checkbox"/> B	Chicken Lasagna Italian Green Beans Yellow Squash

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WEEK 1		Tuesday 5/21/2019		Wednesday 5/22/2019		Thursday 5/23/2019		Friday 5/24/2019	
<input type="checkbox"/>	L Buffalo Chicken Sandwich Peas Capri Blend	<input type="checkbox"/>	L Harvest Turkey Salad Lettuce & Tomato Fresh Fruit	<input type="checkbox"/>	L Zesty Egg Salad on Croissant Lettuce, Tomatoes Bean Medley	CHEF'S CHOICE		CHEF'S CHOICE	
<input type="checkbox"/>	A Goulash Succotash Snap Peas	<input type="checkbox"/>	A Mexican Pork Chop Rice, Corn Carrots	<input type="checkbox"/>	A Beef Cutlet w/ Gravy Sour Cream & Chive Mashed Potatoes California Blend Veggies				
<input type="checkbox"/>	B Homestyle Veal Succotash Snap Peas	<input type="checkbox"/>	B Garden Chicken Rice, Corn Carrots	<input type="checkbox"/>	B Macaroni & Cheese California Blend Veggies				
WEEK 2 <u>MEMORIAL DAY</u>		Tuesday 5/28/2019		Wednesday 5/29/2019		Thursday 5/30/2019		Friday 5/31/2019	
Holiday Meal BBQ Chicken Baked Potato Roasted Vegetables		CHEF'S CHOICE		CHEF'S CHOICE		<input type="checkbox"/>	L Chicken Chef Salad w/ Tossed Lettuce, Egg Tomatoes, Dressing	<input type="checkbox"/>	L Macaroni & Cheese California Blend Veggies
						<input type="checkbox"/>	A Meatloaf Scalloped Potatoes Dilled Carrots	<input type="checkbox"/>	A Salsa Chicken Breast Rice Corn Green Beans
						<input type="checkbox"/>	B Chicken & Gravy Scalloped Potatoes Dilled Carrots	<input type="checkbox"/>	B Salisbury Steak w/ Gravy Corn Green Beans

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WEEK 3		Tuesday 6/4/2019		Wednesday 6/5/2019		Thursday 6/6/2019		Friday 6/7/2019	
Monday 6/3/2019		Tuesday 6/4/2019		Wednesday 6/5/2019		Thursday 6/6/2019		Friday 6/7/2019	
<input type="checkbox"/> L	Macaroni & Beef Carrots Green Beans	<input type="checkbox"/> L	Turkey, Swiss Cheese Lettuce, Tomato Fresh Fruit	<input type="checkbox"/> L	Ham Salad Lettuce, Tomatoes Coleslaw	<input type="checkbox"/> L	Egg Salad on Croissant Lettuce, Tomatoes Fruit Cup	<input type="checkbox"/> L	Meatloaf Sandwich Roasted Potatoes Wax Beans
<input type="checkbox"/> A	Pork Cutlet w/ Gravy Sweet Potatoes Broccoli	<input type="checkbox"/> A	Smothered Chicken Garlic Mashed Potatoes Capri Blend Vegetables	<input type="checkbox"/> A	Turkey Unstuffed Peppers Zucchini Peas & Carrots	<input type="checkbox"/> A	Chicken Broccoli Casserole Mixed Vegetables Yellow Squash	<input type="checkbox"/> A	Chicken Parmesan Shell Pasta w/ Sauce Italian Blend Vegetables
<input type="checkbox"/> B	Bourbon Beef Pot Roast Sweet Potatoes Broccoli	<input type="checkbox"/> B	Salisbury Steak Garlic Mashed Potatoes Capri Blend	<input type="checkbox"/> B	Macaroni & Cheese Zucchini Peas & Carrots	<input type="checkbox"/> B	Pizza Hamburger Mixed Vegetables Yellow Squash	<input type="checkbox"/> B	Beef Pot Roast w/ Gravy Italian Blend Vegetables
WEEK 4		Tuesday 6/11/2019		Wednesday 6/12/2019		Thursday 6/13/2019		Friday 6/14/2019	
Monday 6/10/2019		Tuesday 6/11/2019		Wednesday 6/12/2019		Thursday 6/13/2019		Friday 6/14/2019	
<input type="checkbox"/> L	Chili Wax Beans Peas	<input type="checkbox"/> L	Turkey, Cheese Lettuce & Tomato Coleslaw	<input type="checkbox"/> L	Chef Salad w/ Chicken, Cheese, Egg & Tomatoes	<input type="checkbox"/> L	Ham & Cheese Lettuce, Tomato Fruited Gelatin	<input type="checkbox"/> L	Chicken Lasagna Snap Peas Mixed Vegetables
<input type="checkbox"/> A	Baked Chicken Roasted Sweet Potato Normandy Blend	<input type="checkbox"/> A	Pot Roast w/ Gravy Smashed Redskins Scandinavian Blend	<input type="checkbox"/> A	Pepper Steak Rice Carrots Peas	<input type="checkbox"/> A	Baked Chicken Breast Mashed Potatoes Oriental Blend Vegetables	<input type="checkbox"/> A	Meatloaf Cheese Potatoes California Blend
<input type="checkbox"/> B	Baked Veal Roasted Sweet Potato Normandy Blend	<input type="checkbox"/> B	Chicken Cordon Bleu Smashed Redskins Scandinavian Blend	<input type="checkbox"/> B	Baked Chicken Rice Carrots Peas	<input type="checkbox"/> B	Salisbury Steak w/ Gravy Mashed Potato Oriental Blend Vegetables	<input type="checkbox"/> B	Breaded Pollock Green Pea Blend Carrots Note: This is a TRADITION'S FROZEN entree

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WEEK 5		Tuesday 6/18/2019		Wednesday 6/19/2019		Thursday 6/20/2019		Friday 6/21/2019	
Monday 6/17/2019		Tuesday 6/18/2019		Wednesday 6/19/2019		Thursday 6/20/2019		Friday 6/21/2019	
<input type="checkbox"/> L	Turkey Burger w/ Pepper Gravy Roasted Cauliflower Peas	<input type="checkbox"/> L	Turkey, Cheese, Lettuce, Tomato Bean Medley	<input type="checkbox"/> L	Chicken Salad on Croissant Lettuce, Pears Coleslaw	<input type="checkbox"/> L	Chef Salad w/ Ham, Cheese, Egg, Tomato & Dressing	<input type="checkbox"/> L	Macaroni & Cheese Green Beans Zucchini
<input type="checkbox"/> A	Spaghetti & Meatballs Italian Green Beans Carrots	<input type="checkbox"/> A	Baked Pork w/ Onions & Gravy Mashed Potatoes Cabbage	<input type="checkbox"/> A	Veal Cutlet w/ Gravy Smashed Redskins Scandinavian Blend	<input type="checkbox"/> A	Zesty Pot Roast, Rice California Blend Corn	<input type="checkbox"/> A	Meatloaf Mashed Potatoes Peas
<input type="checkbox"/> B	Sweet & Sour Chicken Italian Green Beans Carrots	<input type="checkbox"/> B	Hamburger Mashed Potatoes Cabbage	<input type="checkbox"/> B	Vegetable Lasagna Scandinavian Blend Yellow Squash	<input type="checkbox"/> B	Garden Chicken, Rice California Blend Corn	<input type="checkbox"/> B	Salisbury Steak Mashed Potatoes Peas
WEEK 6		Tuesday 6/25/2019		Wednesday 6/26/2019		Thursday 6/27/2019		Friday 6/28/2019	
Monday 6/24/2019		Tuesday 6/25/2019		Wednesday 6/26/2019		Thursday 6/27/2019		Friday 6/28/2019	
<input type="checkbox"/> L	Sloppy Joe Sandwich Garden Vegetable Pasta Green Beans	<input type="checkbox"/> L	Turkey, Cheese, Lettuce & Tomato Hawaiian Delight	<input type="checkbox"/> L	Egg Salad, Roll Lettuce, Tomatoes Cucumber Salad	<input type="checkbox"/> L	Harvest Chicken Salad Lettuce, Tomatoes Fruit Salad	<input type="checkbox"/> L	Chicken Breast w/ Bun Roasted Potatoes Peas & Carrots
<input type="checkbox"/> A	Beef Stew Carrots Peas	<input type="checkbox"/> A	Teriyaki Meatballs Rice Oriental Blend Veggies Yellow Squash	<input type="checkbox"/> A	Pork Burger Supreme Baked Potato Peas & Carrots	<input type="checkbox"/> A	Bourbon Pot Roast Mashed Potatoes Carrots	<input type="checkbox"/> A	Italian Burger Italian Green Beans Yellow Squash
<input type="checkbox"/> B	Turkey Tetrazzini Carrots Peas	<input type="checkbox"/> B	Salisbury Steak Rice Oriental Blend Veggies Yellow Squash	<input type="checkbox"/> B	Garden Chicken Baked Potato Peas & Carrots	<input type="checkbox"/> B	Breaded Pollock Green Pea Blend Carrots Note: This is a TRADITION'S FROZEN entree	<input type="checkbox"/> B	Chicken Lasagna Italian Green Beans Yellow Squash