



Client Menu Choices
Dates: March 12, 2018 to May 4, 2018

Dear Mobile Meals of Toledo Client:

It is time again to fill out your menu choices. **Please return your completed menu ASAP to your Mobile Meals' volunteer/driver to ensure that you will receive your selections.**

We at Mobile Meals of Toledo are very happy and excited to be able to provide this choice meal program to our clients. We will do our best to accommodate your choices, however, you may be served another entrée due to availability and/or circumstances beyond our control. If you have any questions, please call the office at **419-255-7806**.

Sincerely,
 The Mobile Meals Staff

DIRECTIONS FOR FILLING OUT YOUR MENU CHOICES

- To make a selection, simply place an "X" in the box next to the option you would like for those dates. (See example below)
- ***Please make sure to select only ONE option per day.***
- Please make sure to complete and return the entire menu to ensure you will receive your selections for the menu period.
- If there is no selection chosen on any given day or you choose not to return the menu, you will receive option **A**, which is the default.

EXAMPLE ONLY, YOUR SELECTIONS BEGIN ON PAGE 3.

WEEK 1	Lunch	Ham, Swiss Cheese, Lettuce, Carrot Pineapple Raisin Salad
	A	Unstuffed Peppers w/ Ground Turkey, Malibu Blend Vegetables- <i>Cooked by Mobile Meals</i>
SAMPLE	B	Salisbury Steak, Peas & Carrots, Green Beans - <i>Cooked by Mobile Meals</i>



Stay informed. Stay healthy.

The Top Spot Award recognizes exceptional food operation establishments currently licensed by the Toledo-Lucas County Health Department. The criteria for the program is based on the following: previous year's food inspections, training of staff, and being complaint free.

WEEK 1 Monday Mar. 12	LUNCH	Chicken & Noodles, Peas, Capri Blend (green beans, zucchini, yellow squash) – <i>Cooked by Mobile Meals</i>
	A	Salisbury Steak, Mashed Potatoes, Malibu Blend Vegetables– Cooked by Mobile Meals
	B	Baked Chicken, Mashed Potatoes, Malibu Blend Vegetables – <i>Cooked by Mobile Meals</i>
Tuesday Mar.13	LUNCH	Turkey, Cheddar Cheese, Lettuce & Tomato, Coleslaw
	A	Chicken Teriyaki w/ Pineapple, Rice, Snap Peas – Cooked by Mobile Meals
	B	Roasted Vegetable Lasagna, Snap Peas, Carrots - <i>Cooked by Mobile Meals</i>
Wednesday Mar. 14	LUNCH	Egg Salad on Croissant, Lettuce, Pears, Bean Medley
	A	Cajun Pork Chop, Sweet Potatoes, Broccoli & Cheese – Cooked by Mobile Meals
	B	Beef & Gravy, Sweet Potatoes, Broccoli & Cheese - <i>Cooked by Mobile Meals</i>
Thursday Mar. 15	LUNCH	Chef Salad w/ Tossed Lettuce, Ham, Cheese, Egg, Tomato, Dressing
	A	Swedish Meatballs, Noodles, Zucchini, Yellow Squash – Cooked by Mobile Meals
	B	Sliced Turkey w/ Gravy, Noodles, Zucchini, Yellow Squash - <i>Cooked by Mobile Meals</i>
Friday Mar. 16	LUNCH	Beef Burger, Bun, Roasted Potatoes, Corn – <i>Cooked by Mobile Meals</i>
	A	Bourbon Chicken Breast, Rutabaga, Peas & Pearl Onions – Cooked by Mobile Meals
	B	Turkey Tetrazzini, Rutabaga, Peas & Pearl Onions – <i>Cooked by Mobile Meals</i>

WEEK 2 Monday Mar. 19	LUNCH	Macaroni & Cheese, European Blend Vegetables – <i>Cooked by Mobile Meals</i>
	A	Baked Veal w/ Mushroom Gravy, Mashed Redskin Potatoes, Green Beans – Cooked by Mobile Meals
	B	Sweet Sour Meatballs, Mashed Redskin Potatoes, Green Beans – <i>Cooked by Mobile Meals</i>
Tuesday Mar. 20	LUNCH	Ham, Swiss Cheese, Lettuce, Tomato, Fruit Cocktail
	A	Swiss Steak, Mashed Potatoes, Scandinavian Blend Vegetables – Cooked by Mobile Meals
	B	Creole Chicken, Mashed Potatoes, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i>
Wednesday Mar. 21	LUNCH	Turkey, Swiss, Lettuce, Pears, Garbanzo Bean Salad – <i>Cooked by Mobile Meals</i>
	A	Baked Pork Chop w/ Gravy, Kyoto Blend Vegetables – Cooked by Mobile Meals
	B	Mostaccioli, Kyoto Blend Vegetables – <i>Cooked by Mobile Meals</i>
Thursday Mar. 22	LUNCH	Chicken Salad, Roll, Lettuce, Coleslaw, Spiced Peaches
	A	Beef Pot Roast, Mashed Potatoes, Carrots – Cooked by Mobile Meals
	B	Chicken, Mashed Potatoes, Carrots – <i>Cooked by Mobile Meals</i>
Friday Mar. 23	LUNCH	Sloppy Joes, Roll, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i>
	A	Blackberry Dijon Chicken, Paprika Roasted Potatoes, Succotash – Cooked by Mobile Meals
	B	Broccoli Cheese Stuffed Chicken, Paprika Roasted Potatoes, Succotash – <i>Cooked by Mobile Meals</i>

WEEK 3 Monday Mar. 26	LUNCH	Cheeseburger, Roll, Roasted Potato, Baked Beans – <i>Cooked by Mobile Meals</i>
	A	Baked Pork Chop w/ Apples, Sweet Potato, Peas – Cooked by Mobile Meals
	B	Glazed Chicken, Sweet Potato, Peas – <i>Cooked by Mobile Meals</i>
Tuesday Mar. 27	LUNCH	Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll
	A	Chicken a la King over Biscuit, Corn, Capri Blend – Cooked by Mobile Meals
	B	Beef Cutlet w/ Gravy, Corn, Capri Blend – <i>Cooked by Mobile Meals</i>
Wednesday Mar. 28	LUNCH	Turkey, Swiss Cheese, Lettuce, Peaches, Coleslaw
	A	Pork Chow Mein, Rice, Midori Blend Vegetables – Cooked by Mobile Meals
	B	Vegetable Lasagna, Midori Blend Vegetables - <i>Cooked by Mobile Meals</i>
Thursday Mar. 29	LUNCH	Egg Salad on Croissant, Lettuce, Tomatoes, Pickled Beets
	A	Meatloaf, Sour Cream & Chive Mashed Potatoes, Green Beans – Cooked by Mobile Meals
	B	Baked Chicken, Sour Cream & Chive Mashed Potatoes, Green Beans - <i>Cooked by Mobile Meals</i>
Friday Mar. 30	LUNCH	Broccoli Quiche, Carrots, Corn
	A	Veal Parmesan, Shell Pasta, Italian Blend Vegetables – Cooked by Mobile Meals
	B	Salisbury Steak, Shell Pasta, Italian Blend Vegetables – <i>Cooked by Mobile Meals</i>

WEEK 4 Monday Apr. 2	LUNCH	Pork Burger, Roll, Roasted Potatoes, Peas & Carrots – <i>Cooked by Mobile Meals</i>
	A	Hungarian Goulash, Noodles, Cauliflower, French Green Beans – Cooked by Mobile Meals
	B	Baked Chicken, Cauliflower, French Green Beans- <i>Cooked by Mobile Meals</i>
Tuesday Apr. 3	LUNCH	Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll
	A	Beef Stew, Stewed Tomatoes, Yellow Squash – Cooked by Mobile Meals
	B	Cheese Omelet, Turkey Sausage, Potatoes O'Brien, Cinnamon Apples – <i>Cooked by Mobile Meals</i>
Wednesday Apr. 4	LUNCH	Harvest Chicken Salad, Lettuce, Tomato, Fruit Salad– <i>Cooked by Mobile Meals</i>
	A	Pepper Steak, Rice, Oriental Blend, Carrots– Cooked by Mobile Meals
	B	Macaroni & Beef, Oriental Blend, Carrots - <i>Cooked by Mobile Meals</i>
Thursday Apr. 5	LUNCH	Chef Salad w/ Tossed Lettuce, Chicken Strips, Swiss, Tomato, Egg, Dressing
	A	Baked Pork Cutlet w/ Gravy, Mashed Potatoes, Carrots – Cooked by Mobile Meals
	B	Chicken Lasagna, European Blend, Carrots – <i>Cooked by Mobile Meals</i>
Friday Apr. 6	LUNCH	BBQ Chicken, Roll, Brussel Sprouts, Wax Beans – <i>Cooked by Mobile Meals</i>
	A	Meatloaf w/ Gravy, Broccoli, Green Beans – Cooked by Mobile Meals
	B	Italian Macaroni & Cheese, Broccoli, Green Beans – <i>Cooked by Mobile Meals</i>

WEEK 1 Monday Apr. 9	LUNCH	Chicken & Noodles, Peas, Capri Blend (green beans, zucchini, yellow squash) – <i>Cooked by Mobile Meals</i>
	A	Salisbury Steak, Mashed Potatoes, Malibu Blend Vegetables– Cooked by Mobile Meals
	B	Baked Chicken, Mashed Potatoes, Malibu Blend Vegetables – <i>Cooked by Mobile Meals</i>
Tuesday Apr. 10	LUNCH	Turkey, Cheddar Cheese, Lettuce & Tomato, Coleslaw
	A	Chicken Teriyaki w/ Pineapple, Rice, Snap Peas – Cooked by Mobile Meals
	B	Roasted Vegetable Lasagna, Snap Peas, Carrots - <i>Cooked by Mobile Meals</i>
Wednesday Apr. 11	LUNCH	Egg Salad on Croissant, Lettuce, Pears, Bean Medley
	A	Cajun Pork Chop, Sweet Potatoes, Broccoli & Cheese – Cooked by Mobile Meals
	B	Beef & Gravy, Sweet Potatoes, Broccoli & Cheese - <i>Cooked by Mobile Meals</i>
Thursday Apr. 12	LUNCH	Chef Salad w/ Tossed Lettuce, Ham, Cheese, Egg, Tomato, Dressing
	A	Swedish Meatballs, Noodles, Zucchini, Yellow Squash – Cooked by Mobile Meals
	B	Sliced Turkey w/ Gravy, Noodles, Zucchini, Yellow Squash - <i>Cooked by Mobile Meals</i>
Friday Apr. 13	LUNCH	Beef Burger, Bun, Roasted Potatoes, Corn – <i>Cooked by Mobile Meals</i>
	A	Bourbon Chicken Breast, Rutabaga, Peas & Pearl Onions – Cooked by Mobile Meals
	B	Turkey Tetrazzini, Rutabaga, Peas & Pearl Onions – <i>Cooked by Mobile Meals</i>

WEEK 2 Monday Apr. 16	LUNCH	Macaroni & Cheese, European Blend Vegetables – <i>Cooked by Mobile Meals</i>
	A	Baked Veal w/ Mushroom Gravy, Mashed Redskin Potatoes, Green Beans – Cooked by Mobile Meals
	B	Sweet Sour Meatballs, Mashed Redskin Potatoes, Green Beans – <i>Cooked by Mobile Meals</i>
Tuesday Apr. 17	LUNCH	Ham, Swiss Cheese, Lettuce, Tomato, Fruit Cocktail
	A	Swiss Steak, Mashed Potatoes, Scandinavian Blend Vegetables – Cooked by Mobile Meals
	B	Creole Chicken, Mashed Potatoes, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i>
Wednesday Apr. 18	LUNCH	Turkey, Swiss, Lettuce, Pears, Garbanzo Bean Salad – <i>Cooked by Mobile Meals</i>
	A	Baked Pork Chop w/ Gravy, Kyoto Blend Vegetables – Cooked by Mobile Meals
	B	Mostaccioli, Kyoto Blend Vegetables – <i>Cooked by Mobile Meals</i>
Thursday Apr. 19	LUNCH	Chicken Salad, Roll, Lettuce, Coleslaw, Spiced Peaches
	A	Beef Pot Roast, Mashed Potatoes, Carrots – Cooked by Mobile Meals
	B	Chicken, Mashed Potatoes, Carrots – <i>Cooked by Mobile Meals</i>
Friday Apr. 20	LUNCH	Sloppy Joes, Roll, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i>
	A	Blackberry Dijon Chicken, Paprika Roasted Potatoes, Succotash – Cooked by Mobile Meals
	B	Broccoli Cheese Stuffed Chicken, Paprika Roasted Potatoes, Succotash – <i>Cooked by Mobile Meals</i>

WEEK 3 Monday Apr. 23	LUNCH	Cheeseburger, Roll, Roasted Potato, Baked Beans – <i>Cooked by Mobile Meals</i>
	A	Baked Pork Chop w/ Apples, Sweet Potato, Peas – Cooked by Mobile Meals
	B	Glazed Chicken, Sweet Potato, Peas – <i>Cooked by Mobile Meals</i>
Tuesday Apr. 24	LUNCH	Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll
	A	Chicken a la King over Biscuit, Corn, Capri Blend – Cooked by Mobile Meals
	B	Beef Cutlet w/ Gravy, Corn, Capri Blend – <i>Cooked by Mobile Meals</i>
Wednesday Apr. 25	LUNCH	Turkey, Swiss Cheese, Lettuce, Peaches, Coleslaw
	A	Pork Chow Mein, Rice, Midori Blend Vegetables – Cooked by Mobile Meals
	B	Vegetable Lasagna, Midori Blend Vegetables - <i>Cooked by Mobile Meals</i>
Thursday Apr. 26	LUNCH	Egg Salad on Croissant, Lettuce, Tomatoes, Pickled Beets
	A	Meatloaf, Sour Cream & Chive Mashed Potatoes, Green Beans – Cooked by Mobile Meals
	B	Baked Chicken, Sour Cream & Chive Mashed Potatoes, Green Beans - <i>Cooked by Mobile Meals</i>
Friday Apr. 27	LUNCH	Broccoli Quiche, Carrots, Corn
	A	Veal Parmesan, Shell Pasta, Italian Blend Vegetables – Cooked by Mobile Meals
	B	Salisbury Steak, Shell Pasta, Italian Blend Vegetables – <i>Cooked by Mobile Meals</i>

WEEK 4 Monday Apr. 30	LUNCH	Pork Burger, Roll, Roasted Potatoes, Peas & Carrots – <i>Cooked by Mobile Meals</i>
	A	Hungarian Goulash, Noodles, Cauliflower, French Green Beans – Cooked by Mobile Meals
	B	Baked Chicken, Cauliflower, French Green Beans- <i>Cooked by Mobile Meals</i>
Tuesday May 1	LUNCH	Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll
	A	Beef Stew, Stewed Tomatoes, Yellow Squash – Cooked by Mobile Meals
	B	Cheese Omelet, Turkey Sausage, Potatoes O'Brien, Cinnamon Apples – <i>Cooked by Mobile Meals</i>
Wednesday May 2	LUNCH	Harvest Chicken Salad, Lettuce, Tomato, Fruit Salad– <i>Cooked by Mobile Meals</i>
	A	Pepper Steak, Rice, Oriental Blend, Carrots– Cooked by Mobile Meals
	B	Macaroni & Beef, Oriental Blend, Carrots - <i>Cooked by Mobile Meals</i>
Thursday May 3	LUNCH	Chef Salad w/ Tossed Lettuce, Chicken Strips, Swiss, Tomato, Egg, Dressing
	A	Baked Pork Cutlet w/ Gravy, Mashed Potatoes, Carrots – Cooked by Mobile Meals
	B	Chicken Lasagna, European Blend, Carrots – <i>Cooked by Mobile Meals</i>
Friday May 4	LUNCH	BBQ Chicken, Roll, Brussel Sprouts, Wax Beans – <i>Cooked by Mobile Meals</i>
	A	Meatloaf w/ Gravy, Broccoli, Green Beans – Cooked by Mobile Meals
	B	Italian Macaroni & Cheese, Broccoli, Green Beans – <i>Cooked by Mobile Meals</i>