



Client Menu Choices
Dates: January 15th, 2018 through March 9th, 2018

Dear Mobile Meals of Toledo Client:

It is time again to fill out your menu choices. **Please return your completed menu ASAP to your Mobile Meals' volunteer/driver to ensure that you will receive your selections.**

We at Mobile Meals of Toledo are very happy and excited to be able to provide this choice meal program to our clients. We will do our best to accommodate your choices, however, you may be served another entrée due to availability and/or circumstances beyond our control. If you have any questions, please call the office at **419-255-7806**.

Sincerely,
 The Mobile Meals Staff

DIRECTIONS FOR FILLING OUT YOUR MENU CHOICES

- To make a selection, simply place an "X" in the box next to the option you would like for those dates. (See example below)
- **Please make sure to select only ONE option per day.**
- Please make sure to complete and return the entire menu to ensure you will receive your selections for the menu period.
- If there is no selection chosen on any given day or you choose not to return the menu, you will receive option **A**, which is the default.

EXAMPLE ONLY, YOUR SELECTIONS BEGIN ON PAGE 3.

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| WEEK 1 | LUNCH | | Ham, Swiss Cheese, Lettuce, Carrot Pineapple Raisin Salad |
| | X | A | Unstuffed Peppers w/ Ground Turkey, Malibu Blend Vegetables- <i>Cooked by Mobile Meals</i> |
| SAMPLE | | B | Salisbury Steak, Peas & Carrots, Green Beans - <i>Cooked by Mobile Meals</i> |

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| WEEK 1 Monday Jan. 15 | LUNCH | Turkey Tetrizzini, Green Beans, Corn- <i>Cooked by Mobile Meals</i> |
| | A | Salisbury Steak, Mashed Potatoes, Malibu Blend Vegetables- <i>Cooked by Mobile Meals</i> |
| | B | New Orleans Chicken, Rice, Sweet Potatoes, Green Beans – <i>Traditions FROZEN</i> |
| Tuesday Jan. 16 | LUNCH | Turkey, Cheddar Cheese, Lettuce & Tomato, Coleslaw |
| | A | Spaghetti & Meatballs, Carrots, Snap Peas – <i>Cooked by Mobile Meals</i> |
| | B | Sweet Sour Chicken, Carrots, Snap Peas - <i>Cooked by Mobile Meals</i> |
| Wednesday Jan. 17 | LUNCH | Egg Salad on Croissant, Lettuce, Pears, Bean Medley |
| | A | Pork Burger Supreme, Peas, Cauliflower – <i>Cooked by Mobile Meals</i> |
| | B | Roasted Vegetable Lasagna, Peas, Cauliflower - <i>Cooked by Mobile Meals</i> |
| Thursday Jan. 18 | LUNCH | Chef Salad w/ Tossed Lettuce, Ham, Cheese, Egg, Tomato, Dressing |
| | A | Braised Beef Tips, Italian Garden Pasta Blend, Zucchini – <i>Cooked by Mobile Meals</i> |
| | B | Turkey Meatballs, Italian Garden Pasta Blend, Zucchini - <i>Cooked by Mobile Meals</i> |
| Friday Jan. 19 | LUNCH | Beef Burger, Bun, Roasted Potatoes, Corn – <i>Cooked by Mobile Meals</i> |
| | A | Bourbon Chicken Breast, Rutabaga, Peas & Pearl Onions – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |

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| WEEK 2 Monday Jan. 22 | LUNCH | Macaroni & Cheese, European Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | A | Baked Veal & Gravy, Roasted Sweet Potatoes, Capri Blend – <i>Cooked by Mobile Meals</i> |
| | B | BBQ Meatballs, Roasted Sweet Potatoes, Capri Blend – <i>Cooked by Mobile Meals</i> |
| Tuesday Jan. 23 | LUNCH | Ham, Swiss Cheese, Lettuce, Tomato, Fruit Cocktail |
| | A | Swiss Steak, Mashed Potatoes, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | New Orleans Chicken, Rice, Sweet Potatoes, Green Beans – <i>Traditions FROZEN</i> |
| Wednesday Jan. 24 | LUNCH | Turkey, Swiss, Lettuce, Pears, Garbanzo Bean Salad – <i>Cooked by Mobile Meals</i> |
| | A | Baked Pork Chop w/ Gravy, Kyoto Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Baked Chicken, Kyoto Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| Thursday Jan. 25 | LUNCH | Chicken Salad, Lettuce, Coleslaw, Spiced Peaches |
| | A | Baked Italian Beef & Pasta, Snap Peas, Yellow Squash – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |
| Friday Jan. 26 | LUNCH | Turkey Sloppy Joes, Roll, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | A | Beef Pot Roast w/ Gravy, Mashed Potatoes, Corn – <i>Cooked by Mobile Meals</i> |
| | B | Broccoli Cheese Stuffed Chicken, Mashed Potatoes, Corn – <i>Cooked by Mobile Meals</i> |

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| WEEK 3 Monday Jan. 29 | LUNCH | Cheeseburger, Roll, Potato Triangle, Baked Beans – <i>Cooked by Mobile Meals</i> |
| | A | Baked Pork Chop w/ Apples, Sweet Potato, Peas – <i>Cooked by Mobile Meals</i> |
| | B | Glazed Chicken, Sweet Potato, Peas – <i>Cooked by Mobile Meals</i> |
| Tuesday Jan. 30 | LUNCH | Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll |
| | A | Chicken a la King over Biscuit, Corn, Capri Blend – <i>Cooked by Mobile Meals</i> |
| | B | Beef Cutlet w/ Gravy, Corn, Capri Blend – <i>Cooked by Mobile Meals</i> |
| Wednesday Jan. 31 | LUNCH | Turkey, Swiss Cheese, Lettuce, Peaches, Potato Salad |
| | A | Pork Chow Mein, Rice, Midori Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Chicken, Rice, Midori Blend Vegetables - <i>Cooked by Mobile Meals</i> |
| Thursday Feb. 1 | LUNCH | Egg Salad on Croissant, Lettuce, Tomatoes, Pickled Beets |
| | A | Meatloaf, Cheesy Mashed Potatoes, Green Beans – <i>Cooked by Mobile Meals</i> |
| | B | Baked Chicken, Cheesy Mashed Potatoes, Green Beans - <i>Cooked by Mobile Meals</i> |
| Friday Feb. 2 | LUNCH | Broccoli Quiche, Carrots, Corn |
| | A | Veal Cacciatore, Shell Pasta, Italian Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |

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| WEEK 4 Monday Feb. 5 | LUNCH | Pork Burger, Roll, Roasted Potatoes, Peas & Carrots – <i>Cooked by Mobile Meals</i> |
| | A | Goulash, Cauliflower, Italian Green Beans – <i>Cooked by Mobile Meals</i> |
| | B | Baked Chicken, Cauliflower, Italian Green Beans- <i>Cooked by Mobile Meals</i> |
| Tuesday Feb. 6 | LUNCH | Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll |
| | A | Beef Stew, Mashed Potatoes, Yellow Squash – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |
| Wednesday Feb. 7 | LUNCH | Harvest Chicken Salad, Lettuce, Tomato, Fruit Salad, Crackers – <i>Cooked by Mobile Meals</i> |
| | A | Pepper Steak, Rice, Oriental Blend– <i>Cooked by Mobile Meals</i> |
| | B | Macaroni & Beef, Oriental Blend - <i>Cooked by Mobile Meals</i> |
| Thursday Feb. 8 | LUNCH | Chef Salad w/ Tossed Lettuce, Chicken Strips, Swiss, Tomato, Egg, Dressing |
| | A | Chicken Lasagna, Snap Peas, Carrots – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |
| Friday Feb. 9 | LUNCH | BBQ Chicken, Roll, Brussel Sprouts, Wax Beans – <i>Cooked by Mobile Meals</i> |
| | A | Meatloaf Supreme, Mixed Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Macaroni & Cheese, Mixed Vegetables, Green Beans – <i>Cooked by Mobile Meals</i> |

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| WEEK 1 Monday Feb. 12 | LUNCH | Turkey Tetrazzini, Green Beans, Corn- <i>Cooked by Mobile Meals</i> |
| | A | Salisbury Steak, Mashed Potatoes, Malibu Blend Vegetables- <i>Cooked by Mobile Meals</i> |
| | B | New Orleans Chicken, Rice, Sweet Potatoes, Green Beans – <i>Traditions FROZEN</i> |
| Tuesday Feb. 13 | LUNCH | Turkey, Cheddar Cheese, Lettuce & Tomato, Coleslaw |
| | A | Spaghetti & Meatballs, Carrots, Snap Peas – <i>Cooked by Mobile Meals</i> |
| | B | Sweet Sour Chicken, Carrots, Snap Peas - <i>Cooked by Mobile Meals</i> |
| Wednesday Feb. 14 | LUNCH | Egg Salad on Croissant, Lettuce, Pears, Bean Medley |
| | A | Pork Burger Supreme, Peas, Cauliflower – <i>Cooked by Mobile Meals</i> |
| | B | Roasted Vegetable Lasagna, Peas, Cauliflower - <i>Cooked by Mobile Meals</i> |
| Thursday Feb. 15 | LUNCH | Chef Salad w/ Tossed Lettuce, Ham, Cheese, Egg, Tomato, Dressing |
| | A | Braised Beef Tips, Italian Garden Pasta Blend, Zucchini – <i>Cooked by Mobile Meals</i> |
| | B | Turkey Meatballs, Italian Garden Pasta Blend, Zucchini - <i>Cooked by Mobile Meals</i> |
| Friday Feb. 16 | LUNCH | Beef Burger, Bun, Roasted Potatoes, Corn – <i>Cooked by Mobile Meals</i> |
| | A | Bourbon Chicken Breast, Rutabaga, Peas & Pearl Onions – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |

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| WEEK 2 Monday Feb. 19 | LUNCH | Macaroni & Cheese, European Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | A | Baked Veal & Gravy, Roasted Sweet Potatoes, Capri Blend – <i>Cooked by Mobile Meals</i> |
| | B | BBQ Meatballs, Roasted Sweet Potatoes, Capri Blend – <i>Cooked by Mobile Meals</i> |
| Tuesday Feb. 20 | LUNCH | Ham, Swiss Cheese, Lettuce, Tomato, Fruit Cocktail |
| | A | Swiss Steak, Mashed Potatoes, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | New Orleans Chicken, Rice, Sweet Potatoes, Green Beans – <i>Traditions FROZEN</i> |
| Wednesday Feb. 21 | LUNCH | Turkey, Swiss, Lettuce, Pears, Garbanzo Bean Salad – <i>Cooked by Mobile Meals</i> |
| | A | Baked Pork Chop w/ Gravy, Kyoto Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Baked Chicken, Kyoto Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| Thursday Feb. 22 | LUNCH | Chicken Salad, Lettuce, Coleslaw, Spiced Peaches |
| | A | Baked Italian Beef & Pasta, Snap Peas, Yellow Squash – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |
| Friday Feb. 23 | LUNCH | Turkey Sloppy Joes, Roll, Scandinavian Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | A | Beef Pot Roast w/ Gravy, Mashed Potatoes, Corn – <i>Cooked by Mobile Meals</i> |
| | B | Broccoli Cheese Stuffed Chicken, Mashed Potatoes, Corn – <i>Cooked by Mobile Meals</i> |

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| WEEK 3 Monday Feb. 26 | LUNCH | Cheeseburger, Roll, Potato Triangle, Baked Beans – <i>Cooked by Mobile Meals</i> |
| | A | Baked Pork Chop w/ Apples, Sweet Potato, Peas – <i>Cooked by Mobile Meals</i> |
| | B | Glazed Chicken, Sweet Potato, Peas – <i>Cooked by Mobile Meals</i> |
| Tuesday Feb. 27 | LUNCH | Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll |
| | A | Chicken a la King over Biscuit, Corn, Capri Blend – <i>Cooked by Mobile Meals</i> |
| | B | Beef Cutlet w/ Gravy, Corn, Capri Blend – <i>Cooked by Mobile Meals</i> |
| Wednesday Feb. 28 | LUNCH | Turkey, Swiss Cheese, Lettuce, Peaches, Potato Salad |
| | A | Pork Chow Mein, Rice, Midori Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Chicken, Rice, Midori Blend Vegetables - <i>Cooked by Mobile Meals</i> |
| Thursday Mar. 1 | LUNCH | Egg Salad on Croissant, Lettuce, Tomatoes, Pickled Beets |
| | A | Meatloaf, Cheesy Mashed Potatoes, Green Beans – <i>Cooked by Mobile Meals</i> |
| | B | Baked Chicken, Cheesy Mashed Potatoes, Green Beans - <i>Cooked by Mobile Meals</i> |
| Friday Mar. 2 | LUNCH | Broccoli Quiche, Carrots, Corn |
| | A | Veal Cacciatore, Shell Pasta, Italian Blend Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |

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| WEEK 4 Monday Mar. 5 | LUNCH | Pork Burger, Roll, Roasted Potatoes, Peas & Carrots – <i>Cooked by Mobile Meals</i> |
| | A | Goulash, Cauliflower, Italian Green Beans – <i>Cooked by Mobile Meals</i> |
| | B | Baked Chicken, Cauliflower, Italian Green Beans- <i>Cooked by Mobile Meals</i> |
| Tuesday Mar. 6 | LUNCH | Ham, Cheese, Lettuce & Tomato, Spiced Pears, Roll |
| | A | Beef Stew, Mashed Potatoes, Yellow Squash – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |
| Wednesday Mar. 7 | LUNCH | Harvest Chicken Salad, Lettuce, Tomato, Fruit Salad, Crackers – <i>Cooked by Mobile Meals</i> |
| | A | Pepper Steak, Rice, Oriental Blend– <i>Cooked by Mobile Meals</i> |
| | B | Macaroni & Beef, Oriental Blend - <i>Cooked by Mobile Meals</i> |
| Thursday Mar. 8 | LUNCH | Chef Salad w/ Tossed Lettuce, Chicken Strips, Swiss, Tomato, Egg, Dressing |
| | A | Chicken Lasagna, Snap Peas, Carrots – <i>Cooked by Mobile Meals</i> |
| | B | Salisbury Steak, Potatoes, Mixed Vegetables – <i>Traditions FROZEN</i> |
| Friday Mar. 9 | LUNCH | BBQ Chicken, Roll, Brussel Sprouts, Wax Beans – <i>Cooked by Mobile Meals</i> |
| | A | Meatloaf Supreme, Mixed Vegetables – <i>Cooked by Mobile Meals</i> |
| | B | Macaroni & Cheese, Mixed Vegetables, Green Beans – <i>Cooked by Mobile Meals</i> |