



**Client Menu Choices**  
**Date: February 13, 2017 to April 7, 2017**

Dear Mobile Meals of Toledo Client:

We are once again offering our clients the choice between four meals each day, Monday through Friday (**meal choices are not offered on the weekends**).

**Please note that Mobile Meals will continue to test and add new dinners to the menu with the goal of replacing most of the current frozen entrees with dinners that are cooked in our new kitchen. Occasionally however; you may be served another entrée due to availability and/or circumstances beyond our control. We hope that you enjoy the new food and have patience with us during this transition.**

Please return your completed menu by **as soon as possible** to your Mobile Meals volunteer or driver to ensure that you will receive your selections starting February 13th. Please note that any late choices received will take a few days to be processed, so try to get them in early. This program is of course optional and participation will depend on you filling out and returning the menu choice form.

We at Mobile Meals of Toledo are very happy and excited to be able to provide this choice meal program to our clients. If you have any questions, please call the office at **419-255-7806**.

Sincerely,  
 The Staff at Mobile Meals

**DIRECTIONS FOR FILLING OUT YOUR MENU CHOICES**

- To make a selection, simply place an “X” in the box next to the option you would like for that day. (See example below)
- Please make sure to only select **ONE** option per day.
- Please make sure to complete and return the entire menu to ensure you will receive your selections for the menu period.
- If there is no selection chosen on any given day or you choose not to return the menu, you will receive option **A**, which is the default.

**EXAMPLE ONLY, YOUR SELECTIONS BEGIN ON PAGE 2.**

<b>Monday Week 1</b>	<b>A</b>	Unstuffed Peppers, Malibu Blend (Broccoli, Cauliflower, Carrots, Yellow Carrots) – <b><i>Cooked by Mobile Meals</i></b>
	<b>B</b>	Turkey Tetrizzini, Dilled Carrots, Zucchini – <b><i>Cooked by Mobile Meals</i></b> (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Western Omelet, Hash Browns, Broccoli – Traditions (frozen)

<b>WEEK 1</b> <b>Monday</b> <b>Feb. 13</b>	<b>A</b>	<b>Unstuffed Peppers w/ Ground Turkey, Malibu Blend- Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>Feb. 14</b>	<b>A</b>	<b>Salisbury Steak, Rosemary Roasted Potatoes, Mixed Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>Feb. 15</b>	<b>A</b>	<b>Pork Burger Supreme, Peas &amp; Carrots, Cauliflower – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>Feb. 16</b>	<b>A</b>	<b>Braised Beef Tips, Egg Noodles, Zucchini, Summer Squash – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>Feb. 17</b>	<b>A</b>	<b>Bourbon Chicken Thigh, Mashed Potatoes, Peas &amp; Pearl Onions – Cooked by MM</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>WEEK 2</b> <b>Monday</b> <b>Feb. 20</b>	<b>A</b>	<b>Baked Chicken, Peas, Capri Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>Feb. 21</b>	<b>A</b>	<b>Swiss Steak, Mashed Potatoes, Normandy Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>Feb. 22</b>	<b>A</b>	<b>Baked Pork Chop w/ Gravy, Corn, Carrots – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>Feb. 23</b>	<b>A</b>	<b>Salsa Chicken, Broccoli, Corn Black Bean Blend – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>Feb. 24</b>	<b>A</b>	<b>Beef Pot Roast w/ Gravy, Mashed Potatoes, Sliced Carrots – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>

<b>WEEK 3</b> <b>Monday</b> <b>Feb. 27</b>	<b>A</b>	<b>Turkey Pot Roast, Mashed Sweet Potatoes, Succotash – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>Feb. 28</b>	<b>A</b>	<b>Chicken Broccoli Alfredo, Carrots, Peas – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>March 1</b>	<b>A</b>	<b>Pork Chow Mein, Rice, Midori Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>March 2</b>	<b>A</b>	<b>Meatloaf, Cheesy Mashed Potatoes, Green Beans – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>March 3</b>	<b>A</b>	<b>Baked Italian Chicken, Penne Pasta, Italian Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>

<b>WEEK 4</b> <b>Monday</b> <b>March 6</b>	<b>A</b>	<b>Goulash, Cauliflower, Italian Green Beans – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>March 7</b>	<b>A</b>	<b>BBQ Pork Chop, Roasted Sweet Potatoes, Cabbage – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>March 8</b>	<b>A</b>	<b>Pepper Steak, Rice, Oriental Blend– Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>March 9</b>	<b>A</b>	<b>Chicken Lasagna, Snap Peas, Carrots – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>March 10</b>	<b>A</b>	<b>Turkey Meatloaf, Baked Cinnamon Apples, Green Beans &amp; Mushrooms – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>

<b>WEEK 1</b> <b>Monday</b> <b>March 13</b>	<b>A</b>	<b>Unstuffed Peppers w/ Ground Turkey, Malibu Blend – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>March 14</b>	<b>A</b>	<b>Salisbury Steak, Rosemary Roasted Potatoes, Mixed Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>March 15</b>	<b>A</b>	<b>Pork Burger Supreme, Peas &amp; Carrots, Cauliflower – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>March 16</b>	<b>A</b>	<b>Braised Beef Tips, Egg Noodles, Zucchini, Summer Squash – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>March 17</b>	<b>A</b>	<b>Bourbon Chicken Thigh, Mashed Potatoes, Peas &amp; Pearl Onions – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>

<b>WEEK 2</b> <b>Monday</b> <b>March 20</b>	<b>A</b>	<b>Baked Chicken, Peas, Capri Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>March 21</b>	<b>A</b>	<b>Swiss Steak, Mashed Potatoes, Normandy Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>March 22</b>	<b>A</b>	<b>Baked Pork Chop w/ Gravy, Corn, Carrots – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>March 23</b>	<b>A</b>	<b>Salsa Chicken, Broccoli, Corn Black Bean Blend) – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>March 24</b>	<b>A</b>	<b>Beef Pot Roast w/ Gravy, Mashed Potatoes, Sliced Carrots – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>

<b>WEEK 3</b> <b>Monday</b> <b>March 27</b>	<b>A</b>	<b>Turkey Pot Roast, Mashed Sweet Potatoes, Succotash (corn, lima beans) – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>March 28</b>	<b>A</b>	<b>Chicken Broccoli Alfredo, Carrots, Peas – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>March 29</b>	<b>A</b>	<b>Pork Chow Mein, Rice, Midori Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>March 30</b>	<b>A</b>	<b>Meatloaf, Cheesy Mashed Potatoes, Green Beans – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>March 31</b>	<b>A</b>	<b>Baked Italian Chicken, Penne Pasta, Italian Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>WEEK 4</b> <b>Monday</b> <b>April 3</b>	<b>A</b>	<b>Goulash, Cauliflower, Italian Green Beans – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Tuesday</b> <b>April 4</b>	<b>A</b>	<b>BBQ Pork Chop, Roasted Sweet Potatoes, Cabbage – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Wednesday</b> <b>April 5</b>	<b>A</b>	<b>Pepper Steak, Rice, Oriental Blend Vegetables – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Thursday</b> <b>April 6</b>	<b>A</b>	<b>Chicken Lasagna, Snap Peas, Carrots – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>
<b>Friday</b> <b>April 7</b>	<b>A</b>	<b>Turkey Meatloaf, Baked Cinnamon Apples, Green Beans &amp; Mushrooms – Cooked by Mobile Meals</b>
	<b>B</b>	New Orleans Chicken over Rice, Sweet Potatoes, Green Beans - Tradition's (frozen)
	<b>C</b>	Salisbury Steak w/ gravy, Red Skin Whips, Mixed Vegetables – Traditions (frozen)
	<b>D</b>	Macaroni & Cheese, Green Beans, Carrots – <b>Cooked by Mobile Meals</b>